



**Doctors Academy General  
Surgery ST3 Interview Preparation  
Course: Part 1 of 2 - Where to Start**



**Feedback - November 2017**

## Doctors Academy General Surgery ST3 Interview Preparation Course: Part 1 of 2 - Where to Start

ST3 interviews for General Surgery can be a daunting experience and preparation is the key to success. This half-day course helped candidates to begin their preparation early and work towards improving their application and portfolio. This will ensure that they are placed to rank as highly as possible and aid them to achieve a National Training Number in their first choice Deanery.

This course was situated at the correct time to allow candidates to start working on their portfolio and gain those few extra crucial marks, leaving time for the all-important interview technique practice nearer the interviews. Interview technique and one-on-one practice stations will be covered in Part 2 of this course which will take place on 11<sup>th</sup> February 2018.

### Course Information

<b>Course date:</b>	<b>19<sup>th</sup> November 2017</b>
<b>Venue:</b>	<b>Postgraduate Education Centre Manchester Royal Infirmary Manchester</b>
<b>Attendance:</b>	<b>13 Delegates</b>
<b>Aimed at:</b>	<b>Core trainees (CT2), Trust grade doctors, Non-training registrars, Clinical Fellows and Research Fellows in Surgery.</b>
<b>Course fee:</b>	<b>£75.00</b>



## Course Programme

0945 - 1000	Registration
1000 - 1010	Important Dates - Miss Emma Blower
1010 - 1025	Completing the Application Form - Mr Tim Gilbert
1025 - 1040	What to Expect on the Day - Ms Klaire Exarchou
1040 - 1100	How the Stations Are Set Up - Ms Klaire Exarchou
1100 - 1130	How to Make an Excellent Surgical Portfolio - Mr Tim Gilbert

**1130 - 1150**

**Refreshment Break**

1150 - 1215	What You Can Do Now to Increase Your Mark in the Portfolio Station - Miss Emma Blower
1215 - 1230	Basic Statistics - Miss Yan Mei Goh
1230 - 1300	How to Critically Appraise a Paper - The Basics - Miss Yan Li Goh
1300 - 1315	Question and Answer Session - All Faculty
1315 - 1330	Summary and Closing Messages - Miss Emma Blower

## Faculty

**Miss Emma Blower, MBChB, MRCS**

Speciality Registrar  
Mersey Deanery  
Course Organiser

**Ms Klaire Exarchou**

Speciality Registrar  
Mersey Deanery

**Mr Rahul Deshpande, MBBS, MS, FRCS, FRCS (Gen Surg)**

Consultant Hepatobiliary Surgeon Hon. Consultant Surgeon  
Central Manchester University Hospitals NHS Foundation Trust

**Professor Stuart Enoch, MBBS, MRCSEd, MRCS (Eng), PGCert (Med Sci), PhD**

Consultant in Surgical Studies  
Doctors Academy

**Mr Tim Gilbert, MBChB, MRCS**

Speciality Registrar  
Mersey Deanery

**Miss Yan Li Goh, MBChB, MRCS, PGDip Clin Ed, ChM (Gen Surg)**

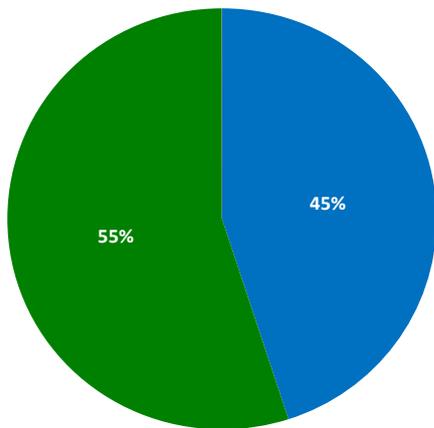
Speciality Registrar in General Surgery  
West Midlands Deanery  
Lecturer and Surgical Tutor - Doctors Academy

**Miss Yan Mei Goh, MBChB, MRCS, PGDip Clin Ed.**

PhD Research Fellow - Imperial College  
Speciality Registrar in General Surgery  
Oxford Deanery  
Lecturer and Surgical Tutor - Doctors Academy

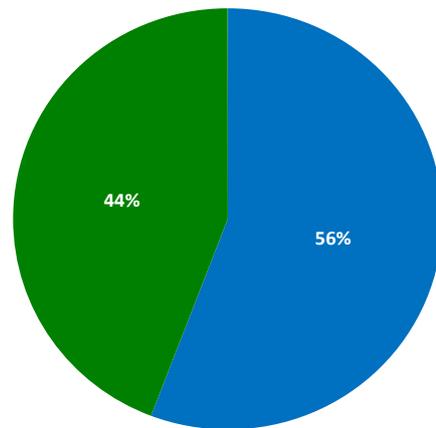
# Overall Course Feedback

How was the content of the course?



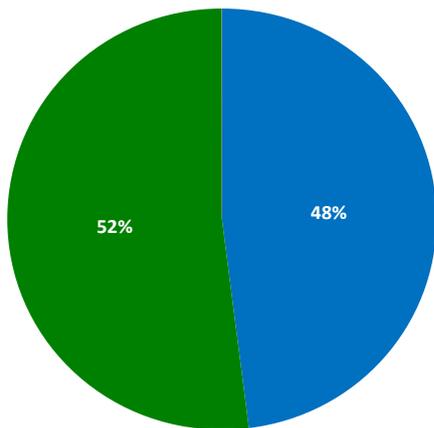
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the lectures?



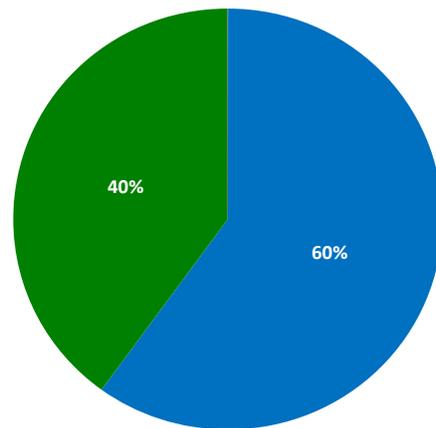
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the tutors?



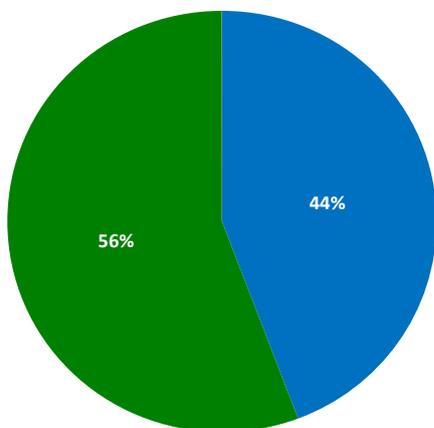
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Important Dates - Miss Emma Blower



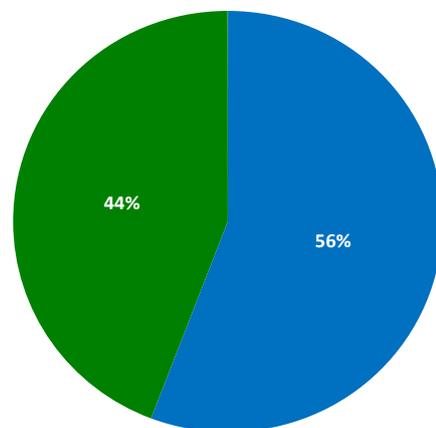
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Completing the Application Form - Mr Tim Gilbert



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

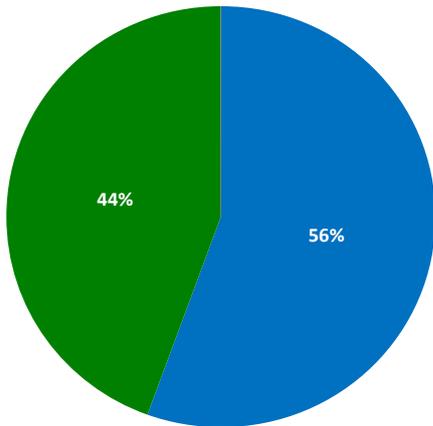
What to Expect on the Day - Ms Klaire Exarchou



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

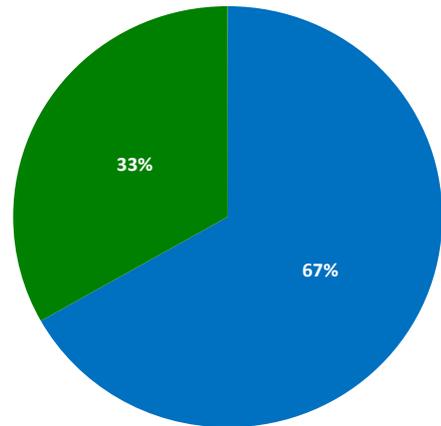
# Overall Course Feedback

How the Stations Are Set Up - Ms Klaire Exarchou



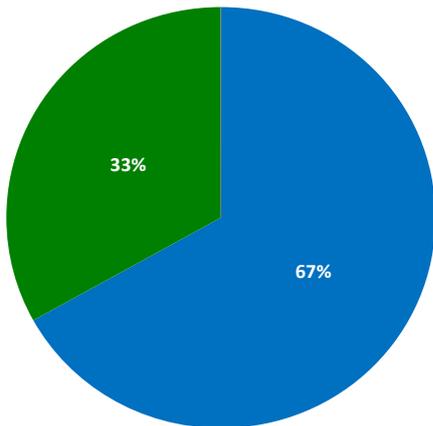
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How to Make an Excellent Surgical Portfolio - Mr Tim Gilbert



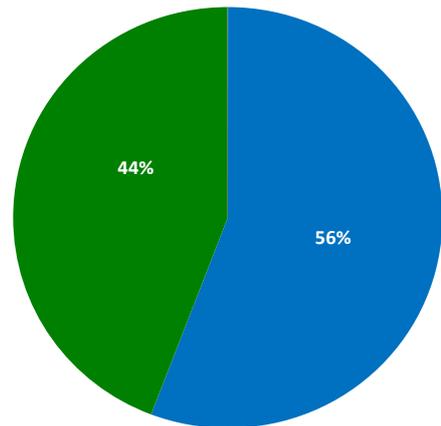
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

What You Can Do Now to Increase Your Mark in the Portfolio Station - Miss Emma Blower



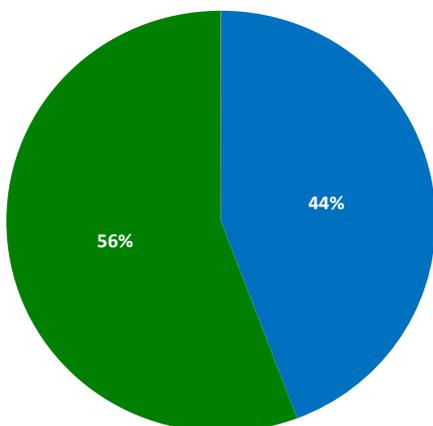
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Basic Statistics - Miss Yan Mei Goh



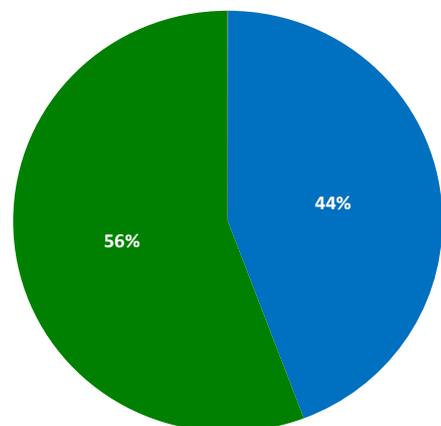
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How to Critically Appraise a Paper - The Basics - Miss Yan Li Goh



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

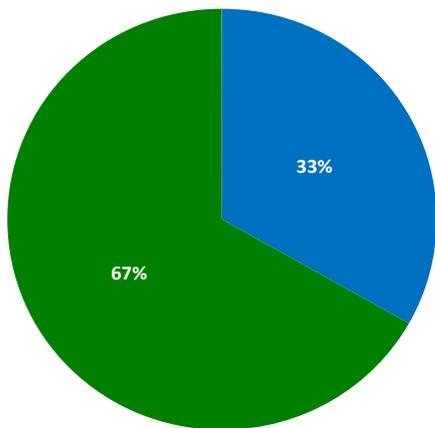
How were the facilities and venue?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

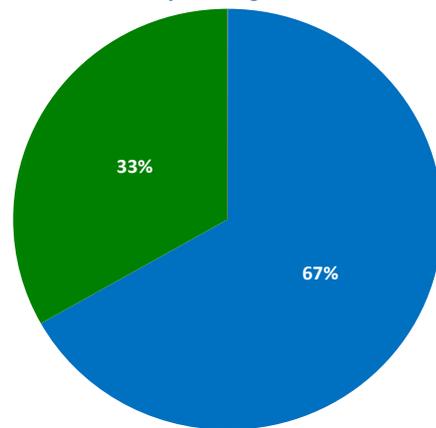
# Overall Course Feedback

How were the refreshments and lunch?



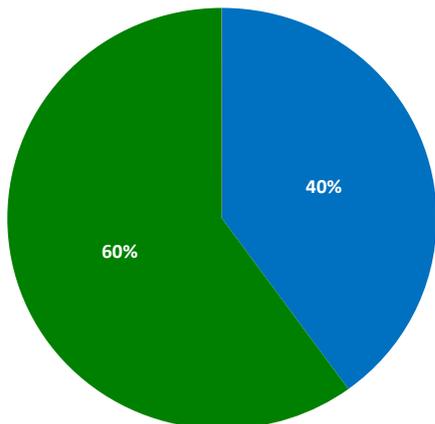
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



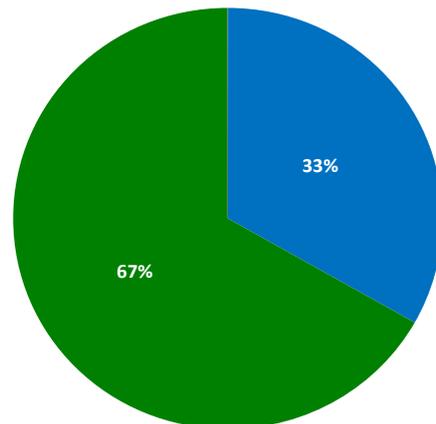
■ Very friendly ■ Friendly ■ Neutral  
■ Not very friendly ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

## Individual Comments

Good course and well timed to allow candidates to make use of the tips to enhance applications. Learnt important tips which I would not have thought of, and how to prioritise things for the applications.

**MM**

*Mercy University Hospital, Cork, Ireland*

The statistics and critical appraisal parts are particularly useful.

**JM**

*Wrexham Maelor Hospital, Wrexham*

Overall very good.

**MK**

*Rotherham District General Hospital, Rotherham*

Good.

**NM**

*Frimley Park Hospital, Frimley*

The best lecture was from the consultant surgeon.

**YY**

*Hillingdon Hospital, Uxbridge*



# DOCTORS ACADEMY

BETTER EDUCATION. BETTER HEALTH.

Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events/ competitions.

## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- **International Medical Summer School**  
*Manchester, 6<sup>th</sup> to 10<sup>th</sup> August 2018*
- **International Academic and Research Conference**  
*Manchester, 11<sup>th</sup> August 2018*
- **World University Anatomy Challenge**  
*Manchester, 9<sup>th</sup> and 10<sup>th</sup> August 2018*

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

## World Journal of Medical Education & Research



Peer-reviewed academic journal  
with ISSN.

- No fee to view, read and download articles
- No subscription charges
- No submission fees
- No manuscript processing fee
- No publishing fee
- No cost to read, write or publish!

[wjmer.co.uk](http://wjmer.co.uk)

## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

[www.doctorexams.co.uk](http://www.doctorexams.co.uk)

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