

**Doctors Academy General Surgery
ST3 Interview Preparation Course:
Part 2**



Feedback - February 2018

Doctors Academy General Surgery ST3 Interview Preparation Course: Part 2

This intensive and highly interactive course aimed to prepare surgical trainees for registrar (ST3 level) interviews and help them to secure a General Surgical National Training Number. This course explained how the interview process works, how to create a well-structured portfolio, and will provide an insight into the stations encountered during the interview. There were a number of small group and individual mock interview stations. In addition, candidates were given the opportunity to gain constructive individual feedback from experienced Consultants and Speciality Registrars who have recently gone through this process and obtained a training number. Structure and practice is the key to success, and this course provided the delegate with a platform to develop the correct technique to perform well in the interview.

Course Information

Course date:	11th February 2018
Venue:	Postgraduate Education Centre Manchester Royal Infirmary Manchester
Attendance:	24 Delegates
Aimed at:	Core trainees (CT2), Trust grade doctors, Non-training registrars, Clinical Fellows and Research Fellows in Surgery.
Course fee:	£ 165.00



Course Programme

0815 - 0830	Registration
0830 - 0845	What to expect on the day (Miss E Blower) i. Location ii. Document checking iii. Introductory lecture iv. Timings v. Moving between stations
0845 - 0915	How the stations are set up (Miss R Clifford & Miss E Blower) i. Portfolio (Including how to make a portfolio) ii. Professional communication skills iii. Patient communication skills and technical skills iv. Clinical and clinical management v. Academic and leadership
0915 - 0935	Example stations and what is expected of you (Mr T Gilbert) i. Portfolio ii. Clinical and clinical management
0935 - 1105	Practice scenarios (including 15-minute coffee break) i. Portfolio ii. Clinical and clinical management
1105 - 1125	Example stations and what is expected of you (Mr A Shaw) i. Communication skills ii. Leadership and management
1125 - 1240	Practice scenarios i. Communication skills ii. Leadership and management

1240 - 1315 LUNCH BREAK

1315 - 1345	How to critically appraise an abstract and a run through of basic statistics (Miss Yan Li Goh and Miss Yan Mei Goh)
1345 - 1445	Practice critical appraisal

1445 - 1500 COFFEE BREAK

1500 - 1515	How to approach the technical skills stations and teaching a 'consultant' (Mr D McWhirter)
1515 - 1715	Practice technical skills
1720 - 1730	Feedback and Close (All faculty)

Faculty

Miss Emma Blower, MBChB, MRCS

Course Convenor

Specialist Registrar in General Surgery
Health Education North West - Mersey Sector

Mr Alexander Shaw, MBChB, MRCS

Specialist Registrar in General Surgery
Health Education North West - North West Sector

Mr Ali Kazem, FRCS (Gen Surg)

Speciality Doctor in General Surgery
Leighton Hospital

Mr Anthony Blower, MBChB, FRCS (Glasgow), FRCS (London), MD

Consultant General and Colorectal Surgeon
Wrightington, Wigan and Leigh NHS Foundation Trust

Mr Derek McWhirter, MBChB, MRCS

Specialist Registrar in General Surgery
Health Education North West - Mersey Sector

Mr Kantappa Gajanan, MBBS, MS

Speciality Doctor in Plastic Surgery
The Christie Hospital, Manchester

Mr Naren Govindarajah, MBBS, MRCS

Specialist Registrar in General Surgery
Health Education North West - Mersey Sector

Miss Nicola Eardley, MBChB, MRCS, FRCS

Consultant General and Colorectal Surgeon
Countess of Chester Hospital NHS Foundation Trust, Chester

Miss Rachael Clifford, MBChB, MRCS

Specialist Registrar in General Surgery
Health Education North West - Mersey Sector

Mr Rahul Deshpande, MBBS, MS, FRCS, FRCS (Gen Surg)

Consultant Hepatobiliary and Pancreatic Surgeon
Central Manchester University Hospitals NHS Foundation Trust

Professor Stuart Enoch, MBBS, MRCSEd, MRCS (Eng), PGCert (Med Sci), PhD

Consultant in Surgical Studies
Doctors Academy

Faculty

Mr Thomas Satyadas, MS, FRCS (Gen Surg)

Consultant General Surgeon

Central Manchester University Hospitals NHS Foundation Trust

Mr Tim Gilbert, MBChB, MRCS

Specialist Registrar in General Surgery

Health Education North West - Mersey Sector

Miss Vicky Fretwell, MBChB, MRCS

Colorectal Research Fellow

Health Education North West - Mersey Sector

Miss Yan Li Goh, MBChB, MRCS, PGDip Clin Ed, ChM (Gen Surg)

Specialist Registrar in General Surgery

West Midlands Deanery

Lecturer and Surgical Tutor - Doctors Academy

Miss Yan Mei Goh, MBChB, MRCS, PGDip Clin Ed.

PhD Research Fellow - Imperial College

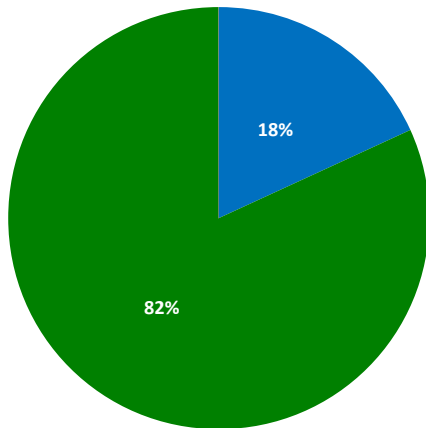
Specialist Registrar in General Surgery

Oxford Deanery

Lecturer and Surgical Tutor - Doctors Academy

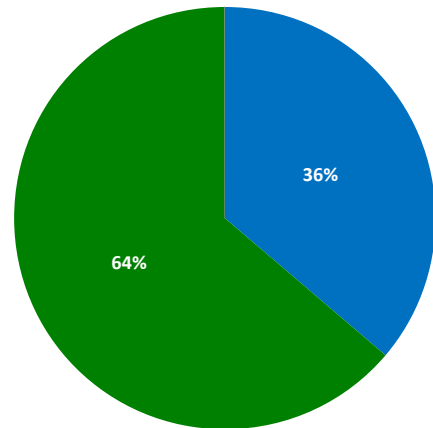
Overall Course Feedback

How was the content of the course?



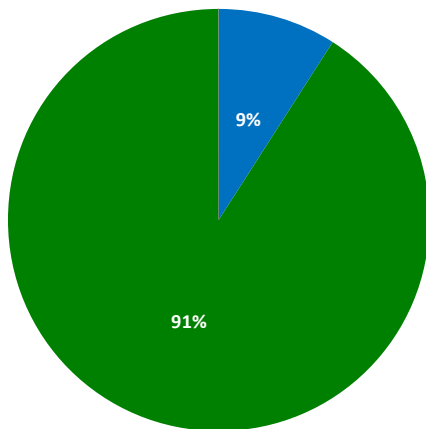
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the faculty?



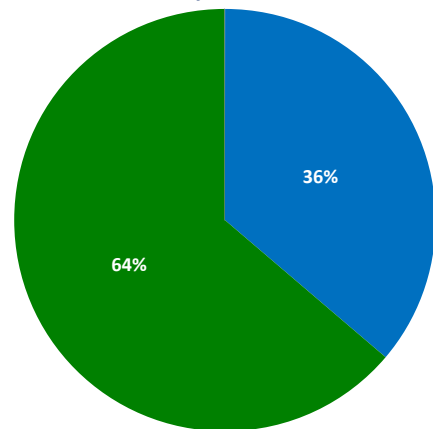
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the presentations?



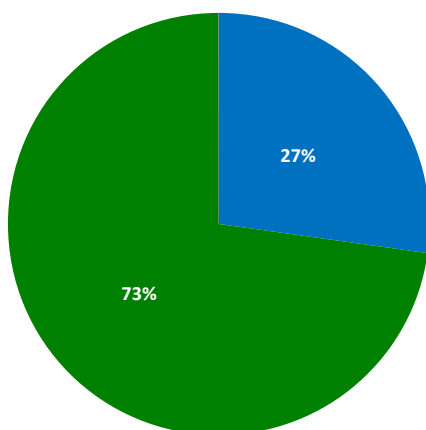
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the relevance of the course to your Interview?



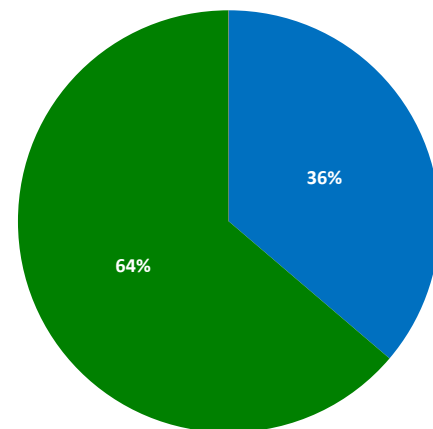
■ Very relevant ■ Mostly relevant ■ Neutral
■ Somewhat relevant ■ Not relevant

Did the course meet your objectives?



■ Most Certainly ■ Certainly ■ Just about ■ Limited ■ Not at all

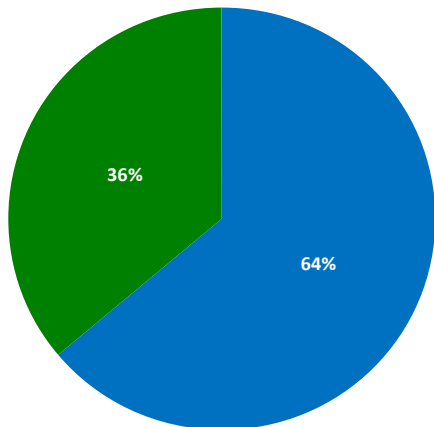
Do you feel more confident in preparing for the interview as a result of attending this course?



■ Most Certainly ■ Certainly ■ Neutral ■ May be ■ No way

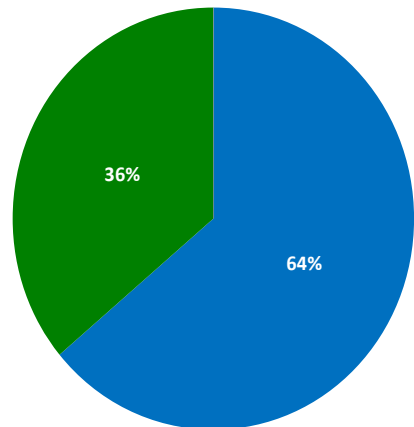
Overall Course Feedback

What To Expect On The Day (Miss E Blower)



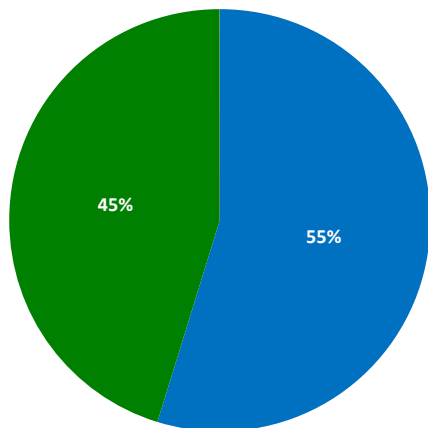
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How The Stations Are Set Up (Miss E Blower)



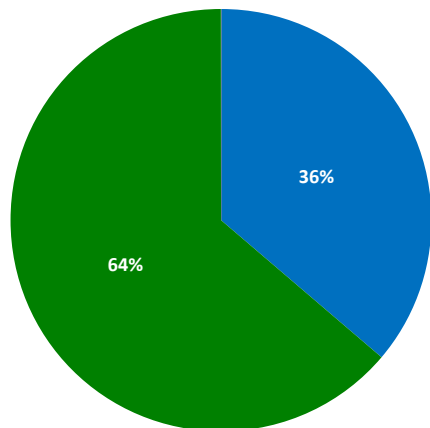
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Example Stations and What is Expected of you [Portfolio, Clinical, and Clinical Management] (Mr T Gilbert)



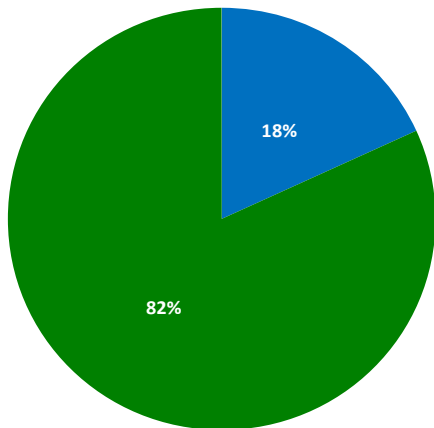
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Example Stations and What is Expected of you [Communication Skills, Leadership and Management] (Mr T Gilbert)



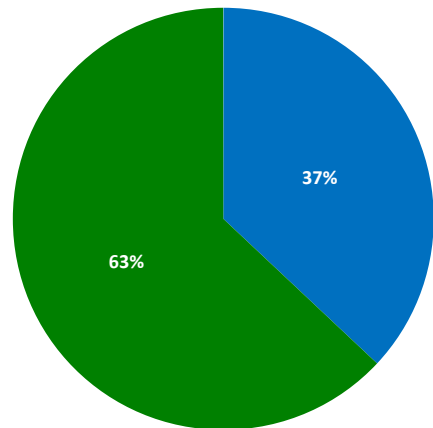
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

A Run Through of Basic Statistics (Miss Yan Mei Goh)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

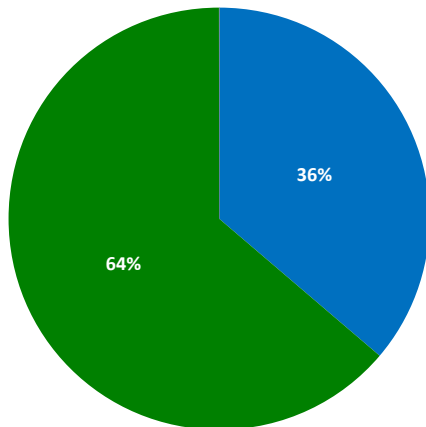
How To Critically Appraise An Abstract (Miss Yan Li Goh)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

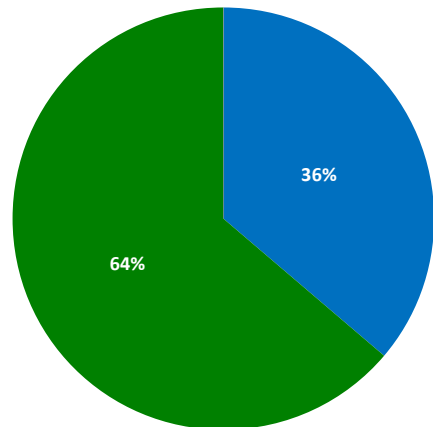
Overall Course Feedback

How To Approach The Technical Skills Stations (Mr D McWhirter)



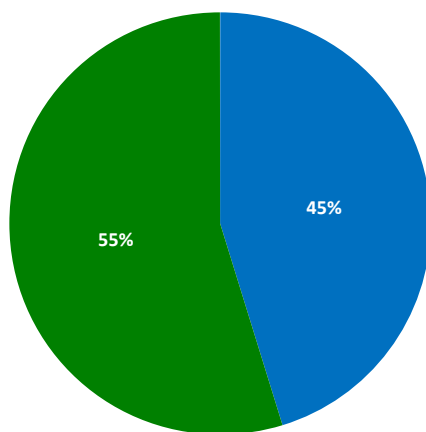
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Teaching A 'Consultant' (Mr D McWhirter)



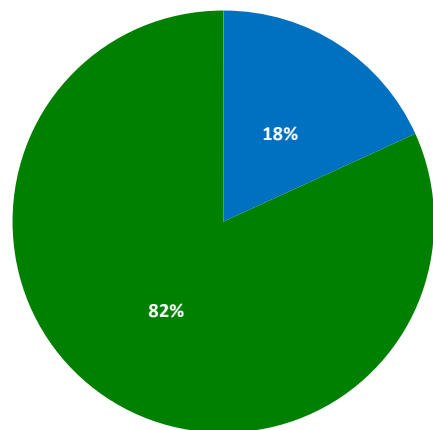
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Portfolio



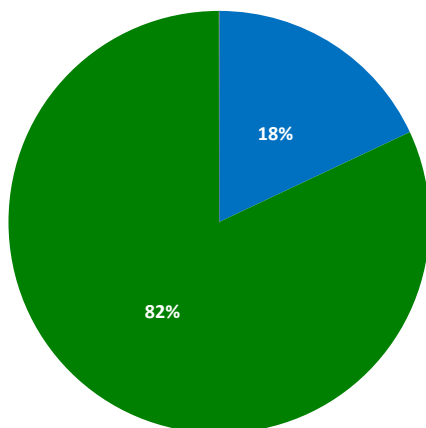
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Clinical



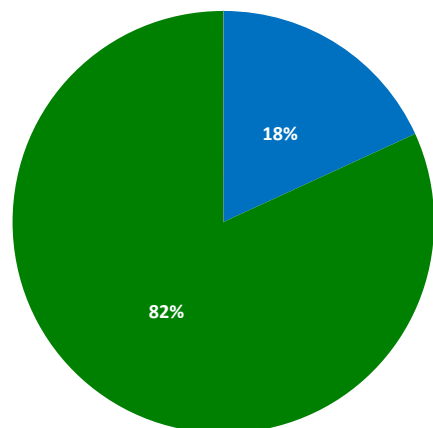
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Management



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

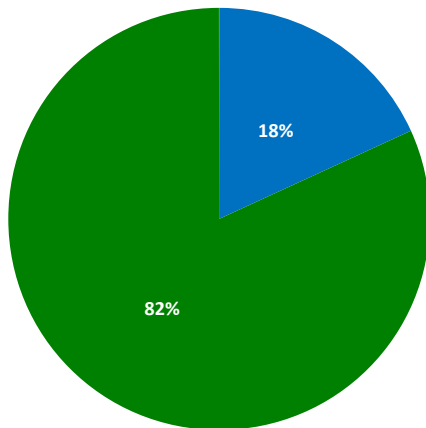
Communication Skills



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

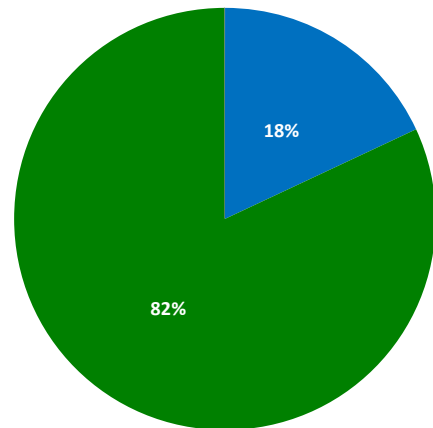
Overall Course Feedback

Leadership and Management



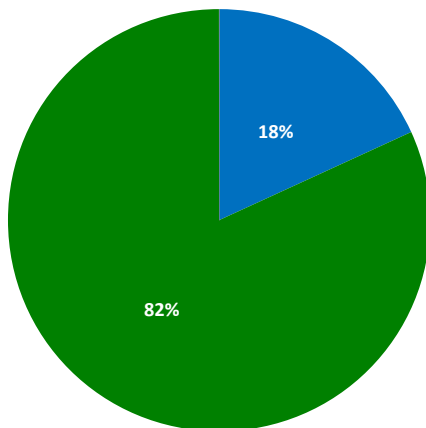
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Critical Appraisal



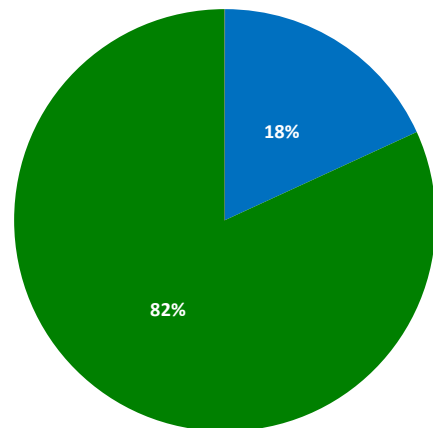
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Basic Suturing



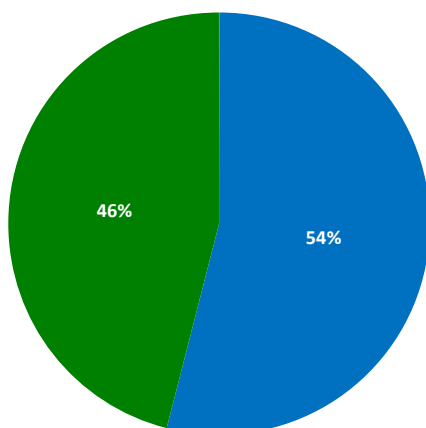
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Excision of a Lesion and Use of Local Anaesthetics



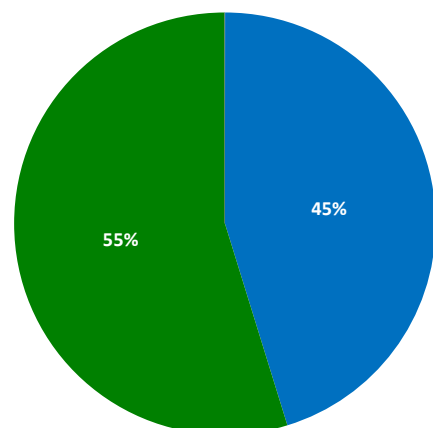
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Small Bowel Anastomosis



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

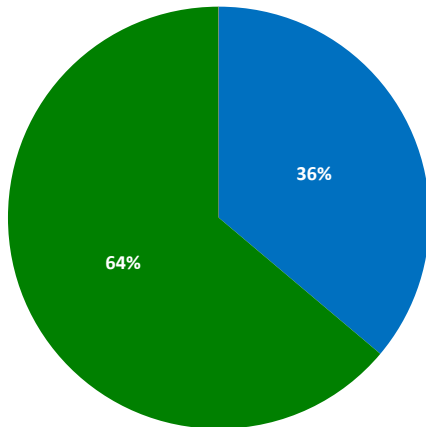
Arteriotomy



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

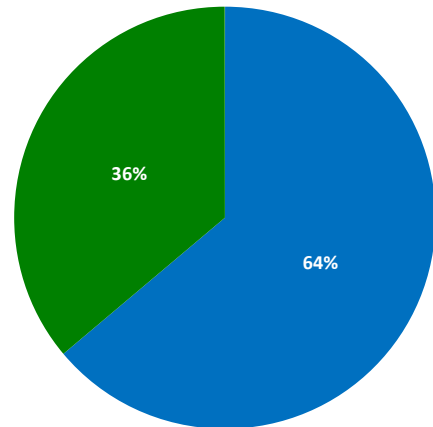
Overall Course Feedback

Laparoscopic Skills



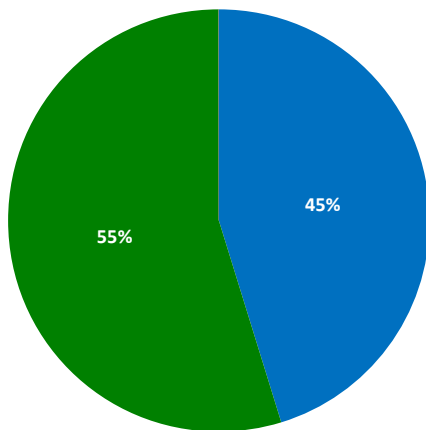
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the facilities and venue?



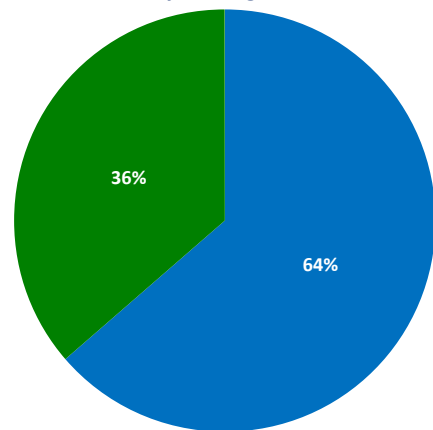
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the refreshments and lunch?



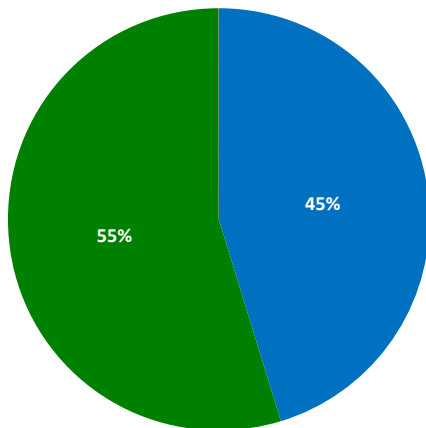
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



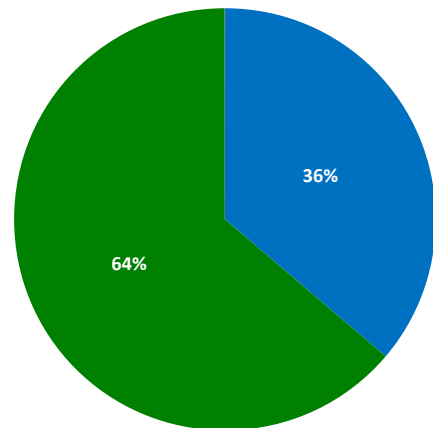
■ Very friendly ■ Friendly ■ Neutral
■ Not very friendly ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

V good.

NF
West Middlesex Hospital

Overall good course.

HY

Well organized course, relevant content from experienced people well prepared and timed mock stations.

PT
Aintree University Hospital

Good quality of teaching, a lot of practice at mock stations, practical feedbacks from faculty.

TU
John Radcliffe Hospital, Oxford

Overall a good course. Faculty were up to date with very recent changes to interview structure which was really good. Having consultant examiners was particularly useful. Fantastic to have access to tissue for bowel and vascular anastomosis etc. Catered for dietary requirements. Thank you!

KB
Manchester Royal Infirmary, Manchester

Very good course.

CB
Craigavon Area Hospital, Craigavon

Good.

NM
Frimley Park Hospital, Frimley



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Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- **International Medical Summer School**
Manchester, 6th to 10th August 2018
- **International Academic and Research Conference**
Manchester, 11th August 2018
- **World University Anatomy Challenge**
Manchester, 9th and 10th August 2018

Publications



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DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
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- Plastic Surgery Exams
- DOHNS Exams

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