



**Doctors Academy General Surgery
ST3 Interview Preparation Course:
Part 2**



Doctors Academy General Surgery ST3 Interview Preparation Course: Part 2

This intensive and highly interactive course aimed to prepare surgical trainees for registrar (ST3 level) interviews and help them to secure a General Surgical National Training Number. This course explained how the interview process works, how to create a well-structured portfolio, and provided an insight into the stations encountered during the interview. There were a number of small group and individual mock interview stations. In addition, candidates had the opportunity to gain constructive individual feedback from experienced Consultants and Speciality Registrars who had recently gone through this process and obtained a training number. Structure and practice is the key to success, and this course provided the delegates with a platform to develop the correct technique to perform well in the interview.

Course Information

Course Date:	29th February 2020
Venue:	Undergraduate Education Centre, Manchester Royal Infirmary, Manchester
Attendance:	22 Delegates
Aimed at:	Core Trainees (CT2), Trust Grade Doctors, Non-Training Registrars, Clinical Fellows and Research Fellows in Surgery
Course Fee:	£195.00



Programme

0815 - 0830	Registration
0830 - 0845	What to Expect on the Day (Miss Emma Blower) <ul style="list-style-type: none">i. Locationii. Document checkingiii. Introductory lectureiv. Timingsv. Moving between stations
0845 - 0910	How the Stations Are Set Up (Miss Emma Blower) <ul style="list-style-type: none">i. Portfolio (including how to make a portfolio)ii. Professional communication skillsiii. Patient communication skills and technical skillsiv. Clinical and clinical managementv. Academic and leadership
0910 - 0925	Example Stations and What Is Expected of You (Mr Alex O'Connor) <ul style="list-style-type: none">i. Portfolioii. Professional Communication Skills
0940 - 1120	Practice Scenarios (including rotating refreshment break) <ul style="list-style-type: none">i. Portfolioii. Professional Communication Skills
1130 - 1145	Example Stations and What Is Expected of You (Miss Yan Mei Goh) <ul style="list-style-type: none">i. Clinicalii. Management
1150 - 1245	Practice Scenarios <ul style="list-style-type: none">i. Clinicalii. Management
1245 - 1330	LUNCH
1345 - 1445	Practice Scenarios <ul style="list-style-type: none">i. Critical Appraisalii. Statistics
1445 - 1500	How to Approach the Technical Skills Stations and Teaching A 'Consultant' (Mr Ben Chan)
1505 - 1700	Practice of Technical Skills (including rotating refreshment break)
1705 - 1715	Feedback and Close (All Faculty)

Faculty

Miss Emma Blower, MBChB, MRCS

Course Convenor

PhD Research Fellow - University of Manchester

Speciality Registrar in General Surgery

Mersey Deanery

Mr Adrian McKenna, FRCS

Oncoplastic Breast Fellow

North West Deanery

Mr Alex O'Connor, MBChB, MRCS

Speciality Registrar in General Surgery

Mersey Deanery

Ms Anita Hargreaves, BDS, FDSRCS, MBChB, MRCS

Consultant Oncoplastic Breast Surgeon

Warrington Hospital, Warrington

Miss Anne Tansley, MBChB, FRCS (Ed), FRCS

Consultant Oncoplastic Breast Surgeon

Liverpool University Hospitals NHS Foundation Trust

Mr Anthony Blower, MBChB, FRCS (Glasgow), FRCS (London), MD

Consultant General and Colorectal Surgeon

Euxton Hall Hospital, Euxton

Mr Ben Chan, MBChB, MRCS

Speciality Registrar in General Surgery

Mersey Deanery

Miss Catherine Bell, BMBS, MRCS

Speciality Registrar in General Surgery

Mersey Deanery

Miss Geraldine Mitchell, MBBCH BAO, MD, MRCS, FRCS

Consultant Oncoplastic Breast Surgeon

Royal Liverpool and Broadgreen University Hospital NHS Trust

Ms Hannah Lennon, BMBS, MRCS

Speciality Registrar in General Surgery

Mersey Deanery

Mr Hud Shaker, BSc, MBBS, PhD, MRCS

Speciality Registrar in General Surgery

North West Deanery

Mrs Jennie Grainger, MBChB, BS, MRCS, FRCS

Consultant General and Colorectal Surgeon

Countess of Chester Hospital, Chester

Faculty

Mr Kulbir Mann, MBChB, MRCS, FRCS

Consultant General and Hepatobiliary Surgeon
Liverpool University Hospitals NHS Foundation Trust

Mr Matthew Fok, MBChB, MRCS

Speciality Registrar in General Surgery
Mersey Deanery

Mr Nathan Howes, MBChB, MD, FRCS

Consultant General and Upper GI Surgeon
Liverpool University Hospitals NHS Foundation Trust

Mr Rahul Deshpande, MBBS, MS, FRCS, FRCS (Gen Surg)

Consultant General and Hepatobiliary Surgeon
Central Manchester University Hospitals NHS Foundation Trust

Mr Roy Mahapatra, FRCS

Associate Specialist in General and Colorectal Surgery
Countess of Chester Hospital, Chester

Ms Susannah Shore, MBChB, MRCS, FRCS

Consultant Endocrine Surgeon
Royal Liverpool and Broadgreen University Hospital NHS Trust

Miss Yan Li Goh, MBChB, MRCS, PGDip Clin Ed, ChM (Gen Surg)

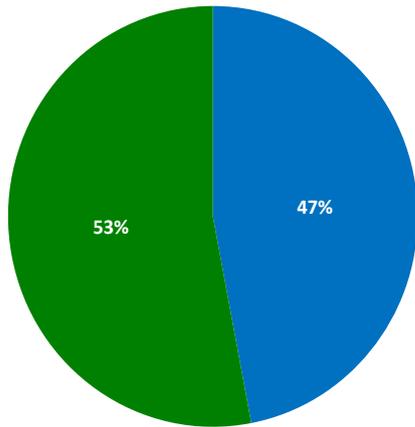
PhD Research Fellow - Imperial College London
Speciality Registrar in General Surgery
West Midlands Deanery

Miss Yan Mei Goh, MBChB, MRCS, PGDip Clin Ed

PhD Research Fellow – Imperial College London
Speciality Registrar in General Surgery
Oxford Deanery

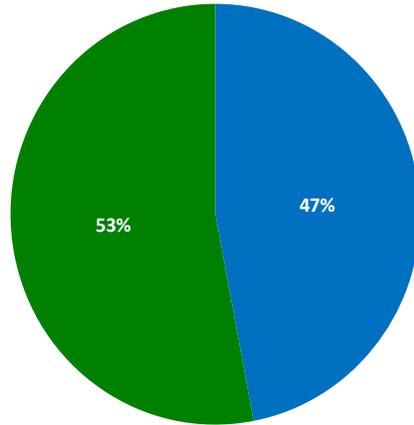
Overall Feedback

How was the content of the course?



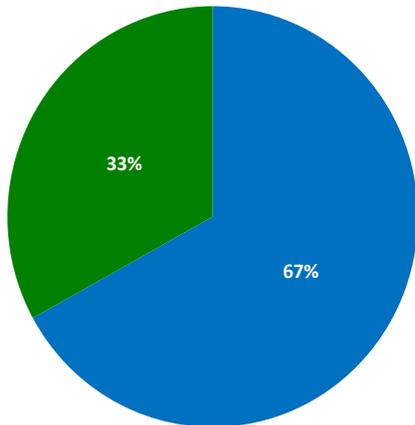
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the faculty?



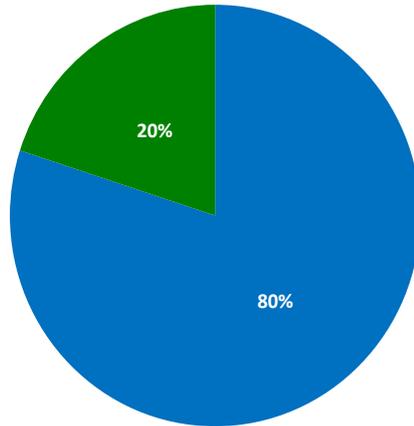
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the presentations?



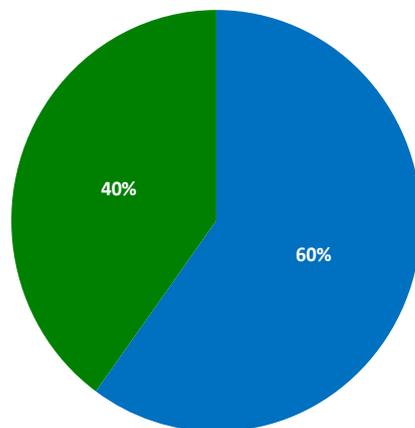
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the relevance of the course to your interview?



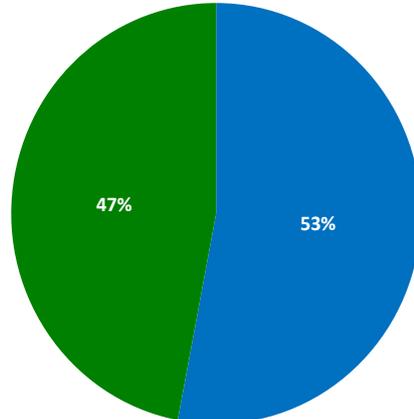
■ Very relevant ■ Mostly relevant ■ Neutral
■ Somewhat relevant ■ Not relevant

Did the course meet your objectives?



■ Most certainly ■ Certainly ■ Just about ■ Limited ■ Not at all

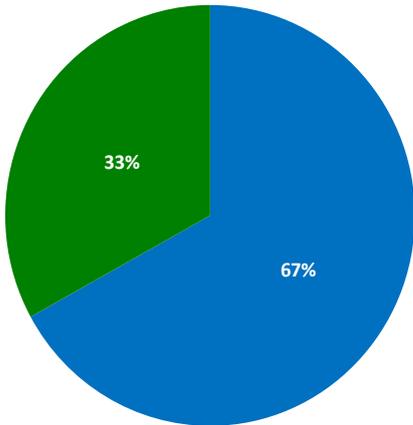
Do you feel more confident in preparing for the interview as a result of attending this course?



■ Most certainly ■ Certainly ■ Neutral ■ Maybe ■ No way

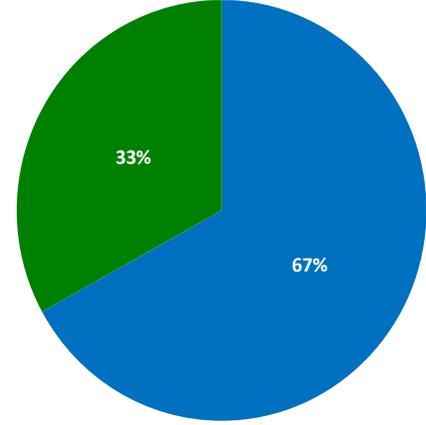
Overall Feedback

What to Expect on the Day (Miss Emma Blower)



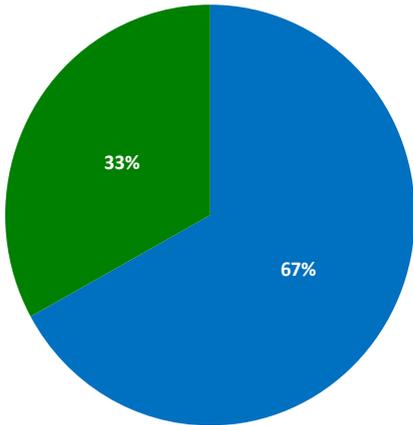
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How the Stations Are Set Up (Miss Emma Blower)



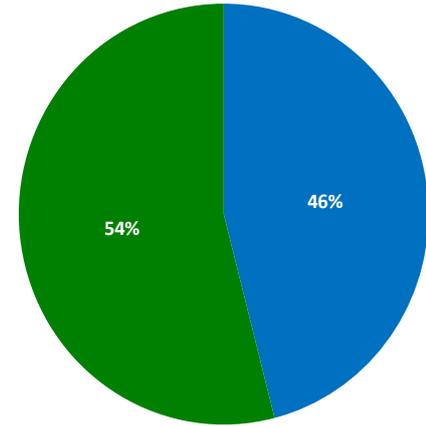
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Example Stations and What Is Expected of You - Portfolio: Professional Communication Skills (Mr A O'Connor)



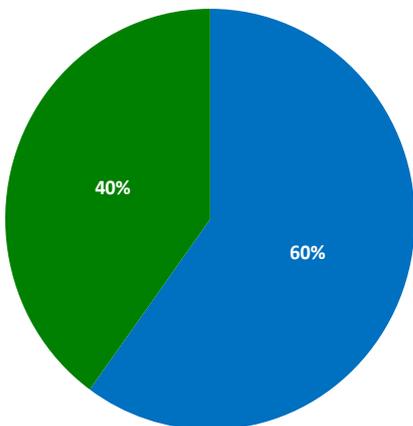
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Example Stations and What Is Expected of You: Clinical and Management (Miss Yan Mei Goh)



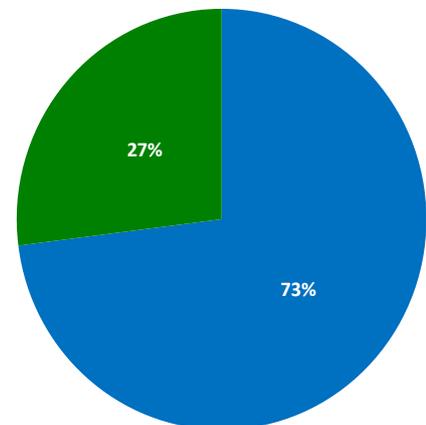
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How to Approach the Technical Skills Stations and Teaching A 'Consultant' (Mr Ben Chan)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

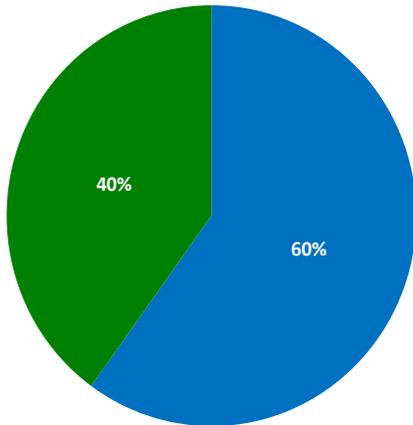
Practice Scenarios - Portfolio



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

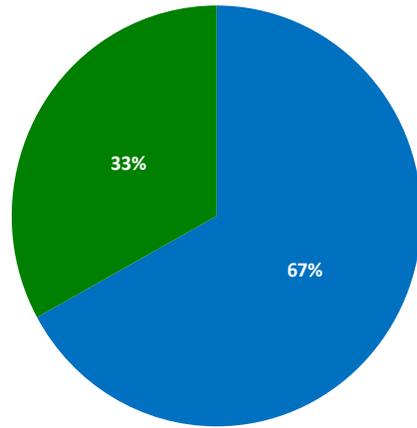
Overall Feedback

Practice Scenarios - Professional Communication Skills



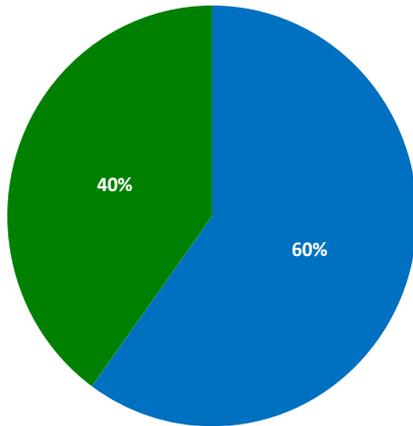
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Practice Scenarios - Clinical



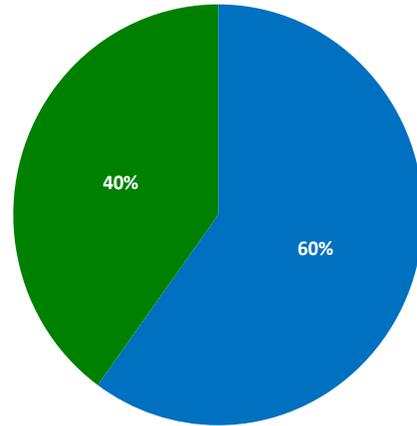
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Practice Scenarios - Management



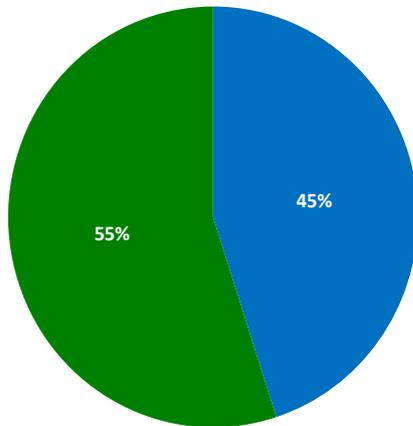
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Practice Scenarios - Critical Appraisal



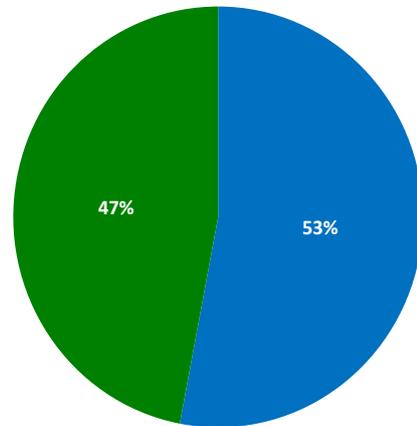
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Practice Scenarios - Statistics



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

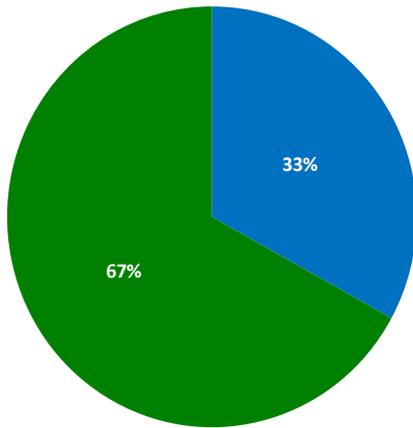
Practice Scenarios - Technical Skills



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

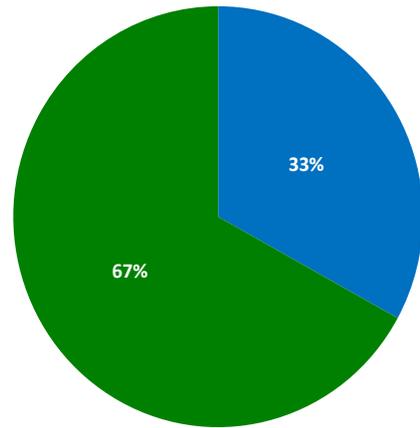
Overall Feedback

How were the facilities and venue?



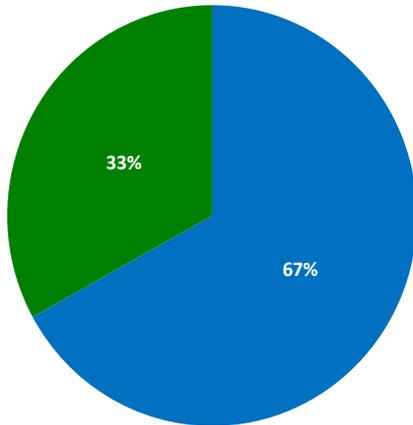
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the refreshments and lunch?



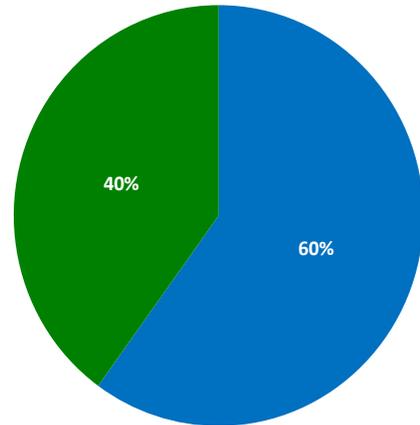
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



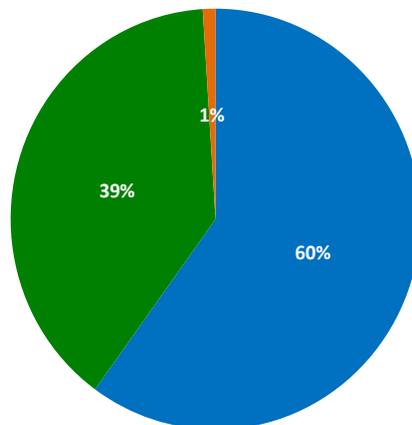
■ Very friendly ■ Friendly ■ Neutral
■ Not very friendly ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

This was an excellent course; the only issue was about practice. I would have hoped to have partnered with different partners, so I could learn from every individual.

PI

Worcestershire Acute Hospitals NHS Trust, United Kingdom

It was very helpful; I now have many ideas around how to improve my answers. I would highly recommend it.

AS

North Tees and Hartlepool NHS Trust, United Kingdom

Excellent.

AE

Surrey and Sussex Healthcare NHS Trust, United Kingdom

This was a very useful course.

HN

Derriford Hospital, Plymouth, United Kingdom

Excellent.

RO

Rotherham NHS Foundation Trust, United Kingdom

This is one of the best courses.

KE

York Hospitals NHS Foundation Trust, United Kingdom

It was well organised. Some stations were really useful; maybe it would be better to give a lecture about how to organise patients in a professional communication station. The statistics station was bad.

NA

Worthing Hospital, Worthing, United Kingdom

It was good.

MB

Royal Oldham Hospital, Oldham, United Kingdom

This was a very good course.

IS

Royal Surrey County Hospital, Guildford, United Kingdom



DOCTORS ACADEMY

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Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



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World Journal of Medical Education & Research



Peer-reviewed academic journal
with ISSN.

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- No manuscript processing fee
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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

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- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
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