



South West Orthopaedic Conference 2023



Feedback - February 2023

South West Orthopaedic Conference 2023

Following on from the success of last year's conference, SWOC 2023 was again organised by medical students and doctors based at the Princess Elizabeth Orthopaedic Centre, Royal Devon and Exeter NHS Foundation Trust. The society seeks to educate and inspire medical students, foundation doctors and aspiring surgeons from around the country to pursue a career in orthopaedics.

For the first time since the COVID-19 pandemic the conference was an attendance event. The morning consisted of lectures provided by specialists. In the afternoon, delegates were given the opportunity to participate in interactive workshops.

Course Information

Course Date:	25th February 2023
Venue:	RILD Building, Royal Devon and Exeter Hospital (Wonford), Barrack Road, Exeter
Attendance:	70 Delegates
Aimed at:	Foundation Year Doctors, Medical Students
Conference Fee:	£5.00



Programme

- 9:00 - 9:30 Registration
- 9:30 - 9:40 Welcome
Patrons
- 9:40 - 9:50 BOMSA
BOMSA National Committee Members
- 9:50 - 10:20 Women in Orthopaedics
Ms Kimberley Shuttlewood
- 10:20-10:50 Trauma
Ms Clare Taylor
- 10:50-11:20 Pathways in Orthopaedics
Mr Alex Goubran

11:20 - 11:35

Break

- 11:35 - 12:05 Sports Medicine
Mr Chris Smith
- 12:05 - 12:35 Keynote - Diversity in Orthopaedics
Ms Joanna Maggs
- 12:35 - 13:05 Oral presentations
4 Oral presentations

13:05 - 13:55

Lunch (50 minutes) (Poster throughout lunch)

- 13:55 - 14:35 Workshops 1: Hip arthroplasty
- 14:35 - 14:40 Interlude
- 14:40 - 15:20 Workshop: Sports Medicine with Bone Anchoring

15:20 - 15:35

Break

- 15:35 - 16:15 Workshops 3: CV building
- 16:15 - 16:20 Interlude
- 16:20 - 17:00 Workshop 4: Suturing
- 17:00 - 17:10 Charity: Peer support group for orthopaedic patients
- 17:10 - 17:20 Awards and close
Patrons

Faculty

Speakers

Mr Alex Goubran - MBBS BSc FRCS

locum Spinal Consultant
Musgrove Park Hospital

Ms Clare Taylor, MBBS, FRCS (Tr&Orth)

Consultant Trauma and Orthopaedic Surgeon
Derriford Hospital, Plymouth

Ms Joanna Maggs, MBBS, MSc, FRCS, Tr&Orth

Consultant Trauma and Orthopaedic Surgeon

Mr Christopher Smith, MBChB, MD, PgCert MedEd, DipSEM, FRCS (Tr&Orth)

Consultant Shoulder and Elbow Surgeon
Royal Devon and Exeter NHS Foundation Trust

Ms Kimberley Shuttlewood, MBBS, BSc, MRCS

Speciality Registrar in Trauma and Orthopaedics
Royal Devon and Exeter NHS Foundation Trust.

Patrons

Mr Oliver Stokes, MBBS, MSc, FRCS (Tr&Orth)

Consultant Spinal Surgeon
Royal Devon and Exeter NHS Foundation Trust.

Professor Vikram S Devaraj, MBChB, FRCS (Eng), FRCS (Plast), PGDip Clin Ed, SFHEA

Associate Professor at The College of Medicine and Health, University of Exeter.
Consultant Plastic, Reconstructive, Aesthetic & Hand Surgeon

Ms Kimberley Shuttlewood, MBBS, BSc, MRCS

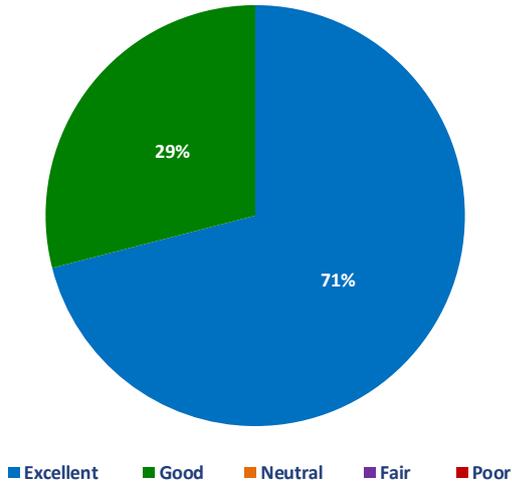
Speciality Registrar in Trauma and Orthopaedics, Royal Devon and Exeter NHS Foundation Trust.

Mr Al-Amin Kassam, MBBS, BSc (hons), FRCS (Tr&Orth)

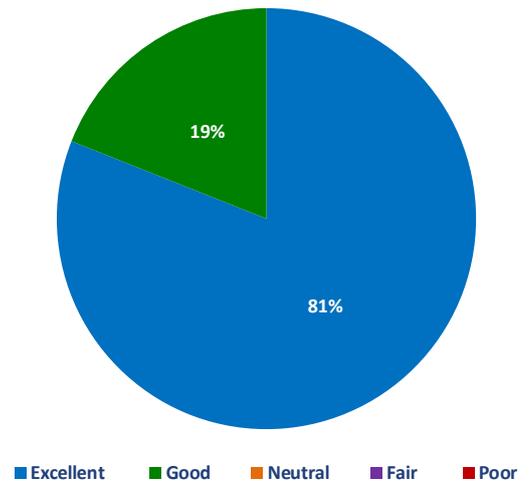
Consultant Hip Surgeon, Royal Devon and Exeter NHS Foundation Trust.

Overall Feedback

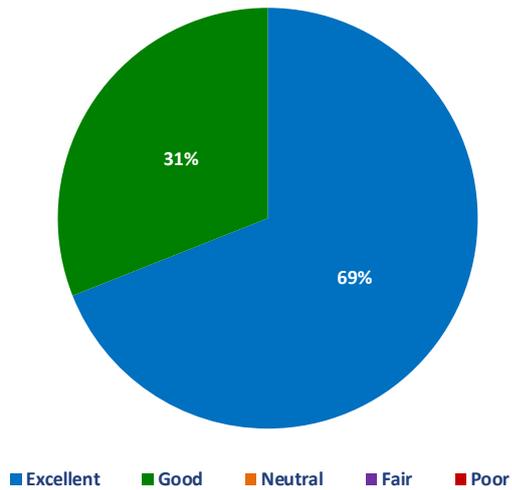
How was the content of the conference?



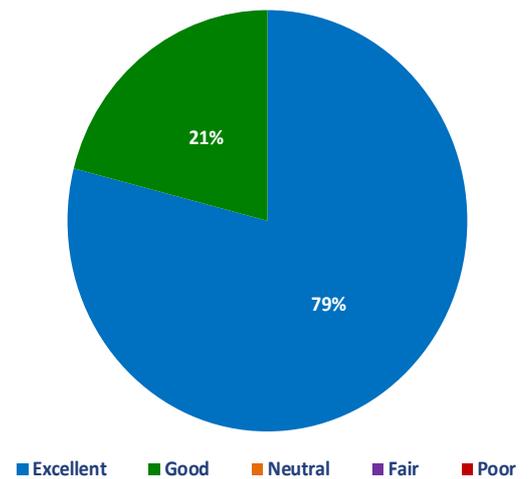
How would you rate the general academic standard of the speakers?



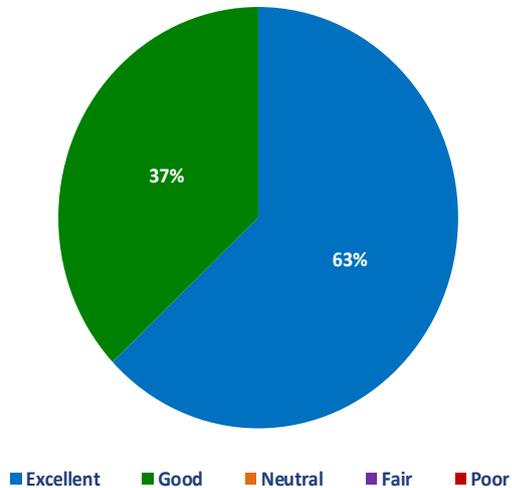
Women in Orthopaedics - Ms Kimberley Shuttlewood



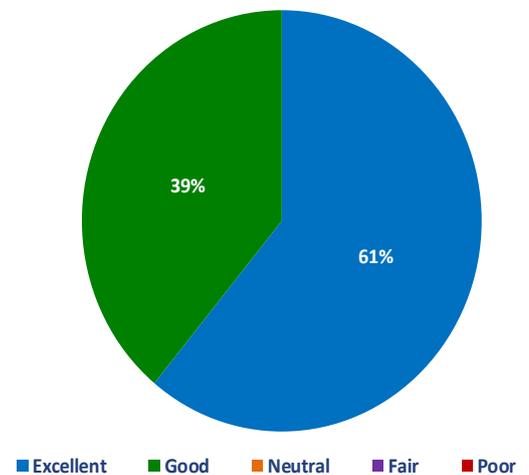
Trauma - Ms Clare Taylor



Pathways in Orthopaedics - Mr Alex Goubran

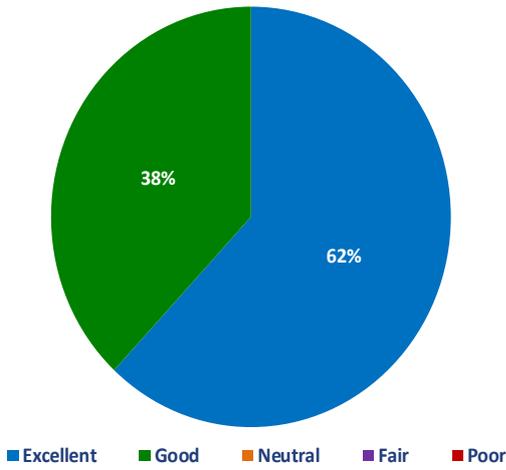


Sports Medicine - Mr Chris Smith

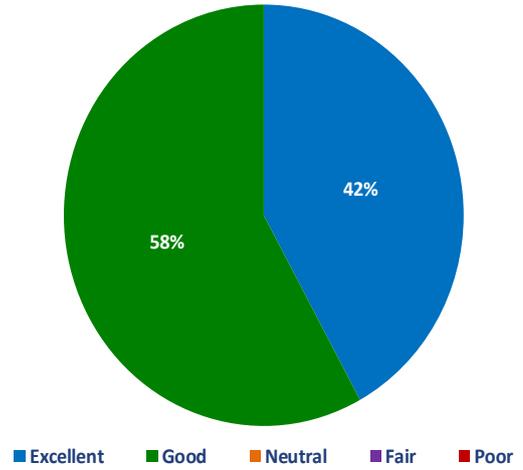


Overall Feedback

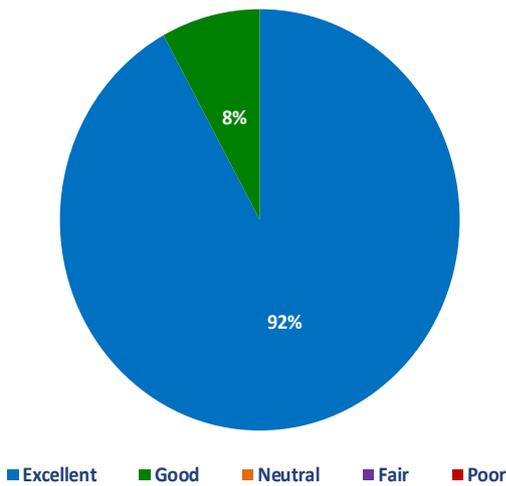
Keynote - Diversity in Orthopaedics - Ms Joanna Maggs



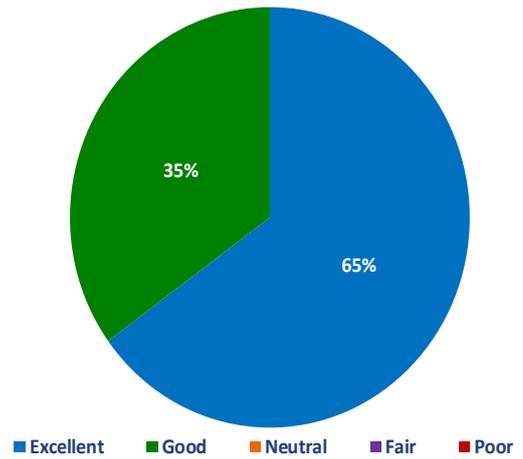
Oral presentations - 4 Oral presentations



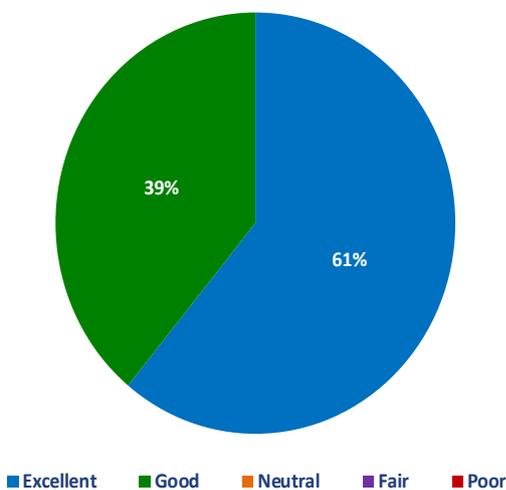
Workshops1: Hip arthroplasty



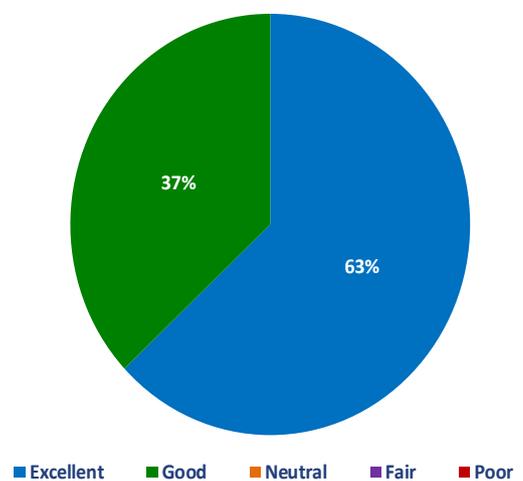
Workshop: Sports Medicine with Bone Anchoring



Workshops3: CV building

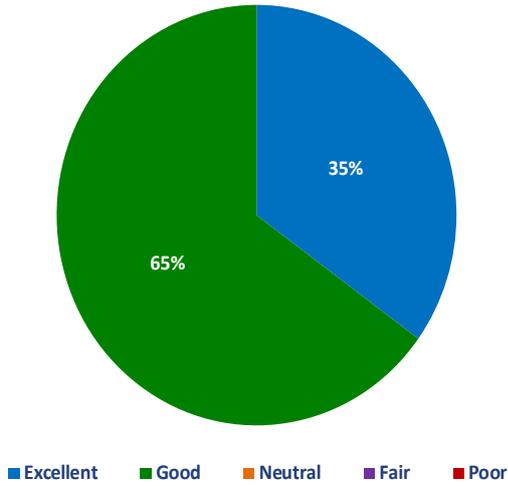


Workshop 4: Suturing

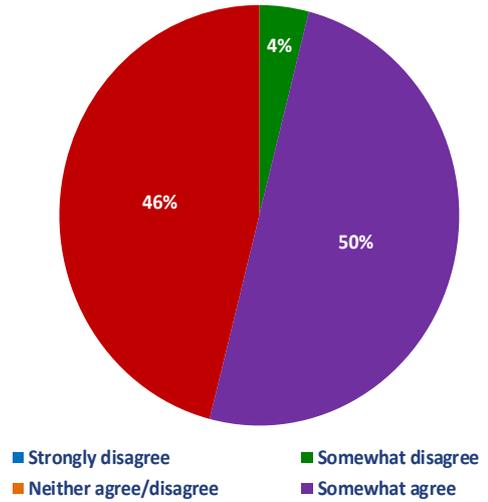


Overall Feedback

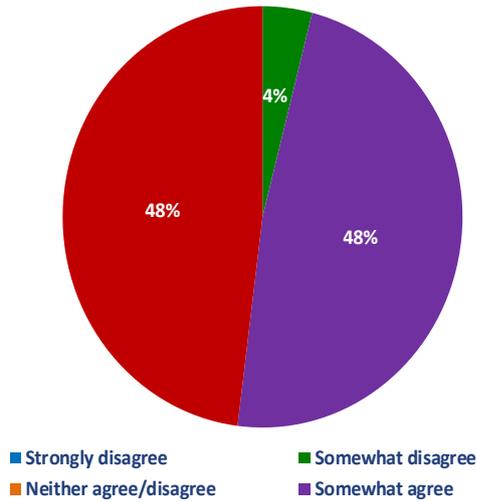
Charity: Peer support group for orthopaedic patients



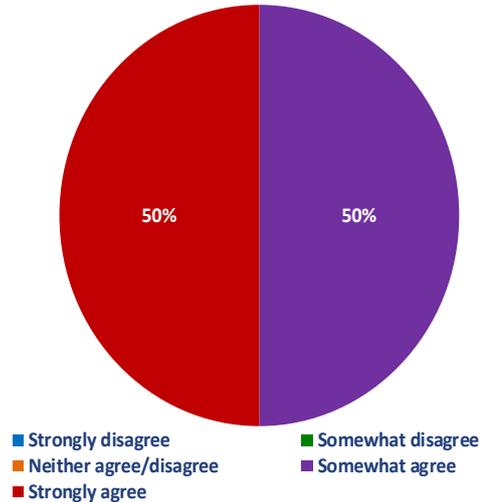
"I know what a career in Orthopaedics entails."



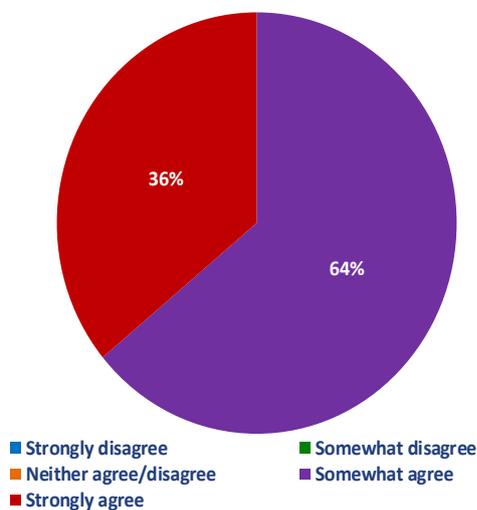
"I have a good understanding of the range of subspecialties in Trauma & Orthopaedics."



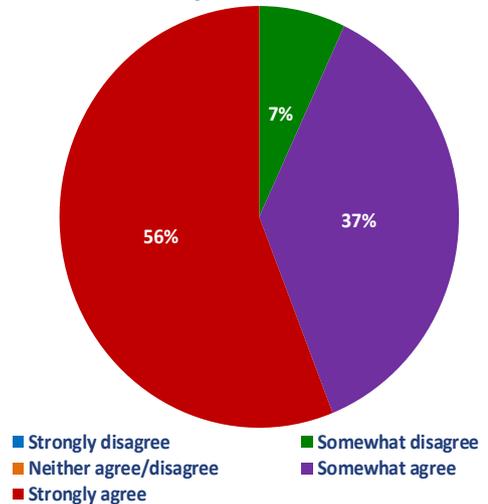
"I understand the Orthopaedics training pathway."



"I have a good understanding of what is required to get a national training number in Orthopaedics."

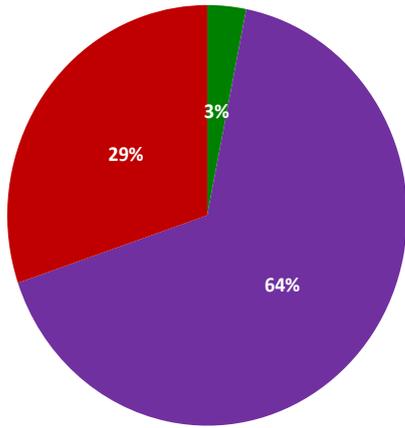


"I understand the role of the orthopaedic surgeon in Trauma."



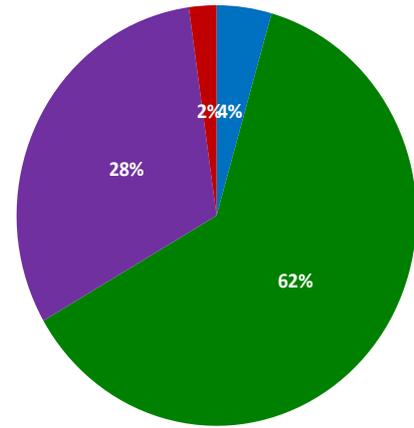
Overall Feedback

I intend to pursue a career in Orthopaedics.



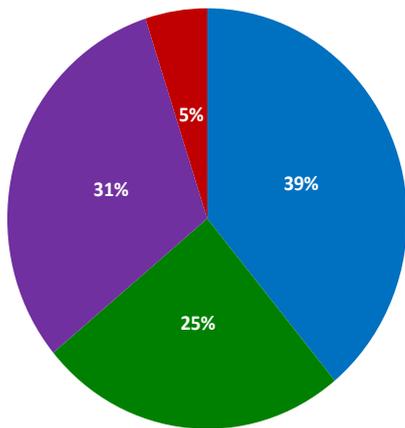
■ Strongly disagree
■ Neither agree/disagree
■ Strongly agree
■ Somewhat disagree
■ Somewhat agree

Work / Life balance



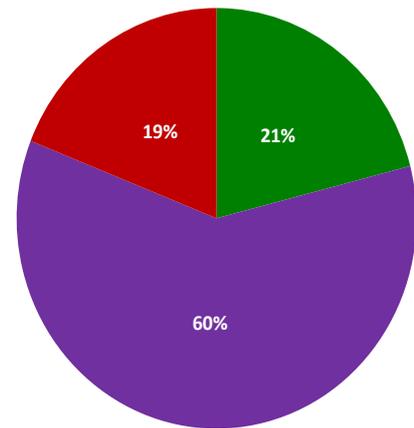
■ Strongly disagree
■ Neither agree/disagree
■ Strongly agree
■ Somewhat disagree
■ Somewhat agree

Caseload / case variety



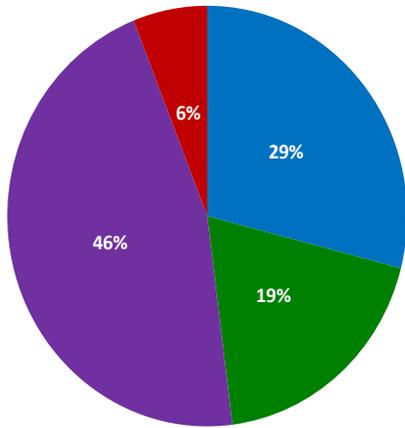
■ Strongly disagree
■ Neither agree/disagree
■ Strongly agree
■ Somewhat disagree
■ Somewhat agree

Interest in musculoskeletal science



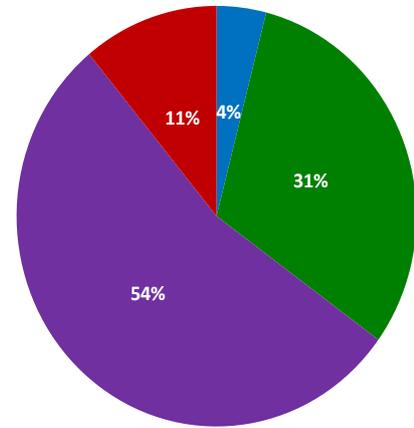
■ Strongly disagree
■ Neither agree/disagree
■ Strongly agree
■ Somewhat disagree
■ Somewhat agree

Prestige



■ Strongly disagree
■ Neither agree/disagree
■ Strongly agree
■ Somewhat disagree
■ Somewhat agree

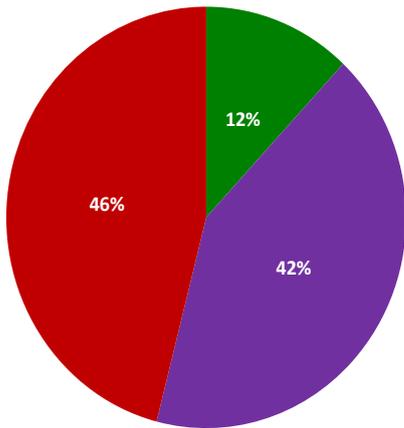
Academic opportunities



■ Strongly disagree
■ Neither agree/disagree
■ Strongly agree
■ Somewhat disagree
■ Somewhat agree

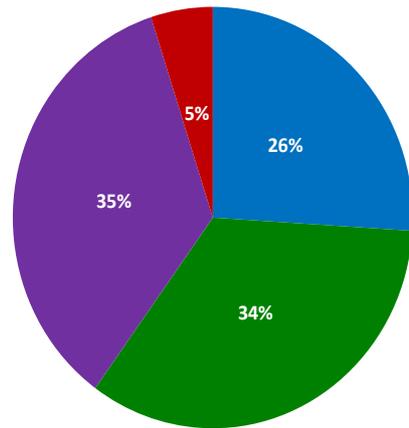
Overall Feedback

Salary



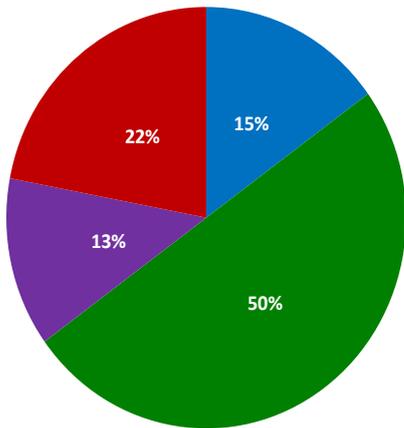
- Strongly disagree
- Somewhat disagree
- Neither agree/disagree
- Somewhat agree
- Strongly agree

Opportunity for private practice



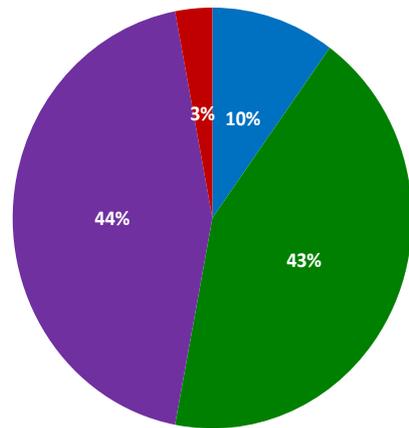
- Strongly disagree
- Somewhat disagree
- Neither agree/disagree
- Somewhat agree
- Strongly agree

Variety of subspecialties



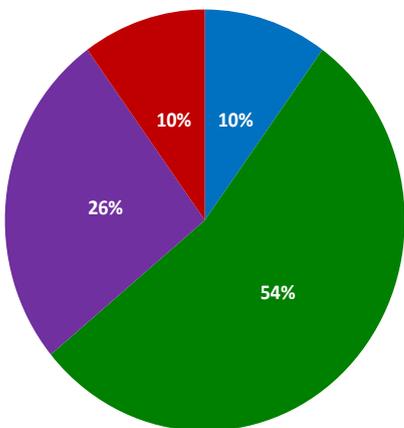
- Strongly disagree
- Somewhat disagree
- Neither agree/disagree
- Somewhat agree
- Strongly agree

Military medicine / Sports medicine careers



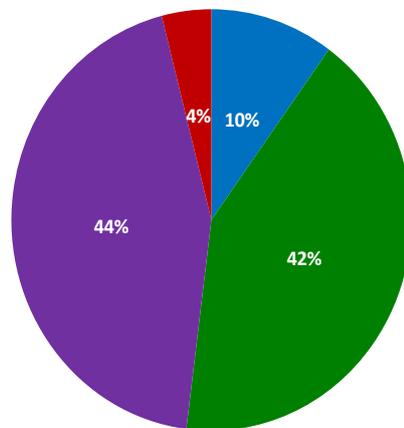
- Strongly disagree
- Somewhat disagree
- Neither agree/disagree
- Somewhat agree
- Strongly agree

Lack of role models



- Strongly disagree
- Somewhat disagree
- Neither agree/disagree
- Somewhat agree
- Strongly agree

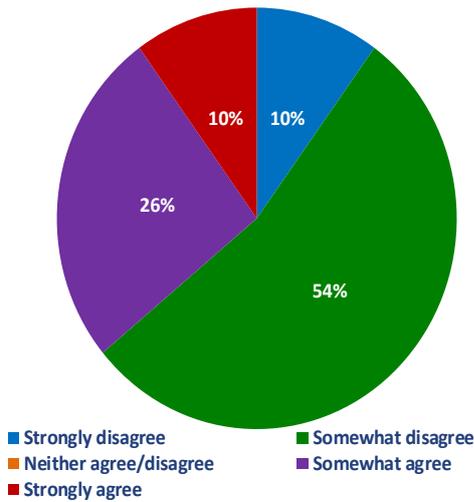
Work / Life balance



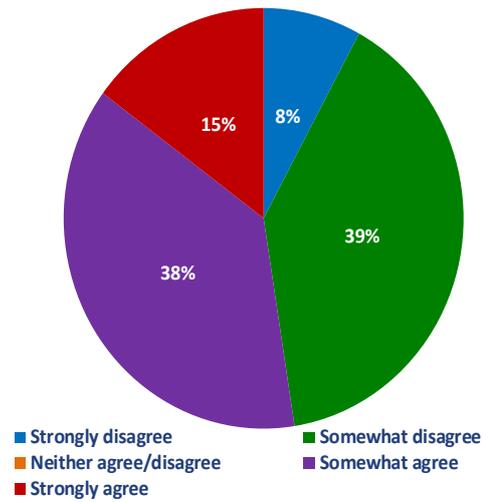
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Overall Feedback

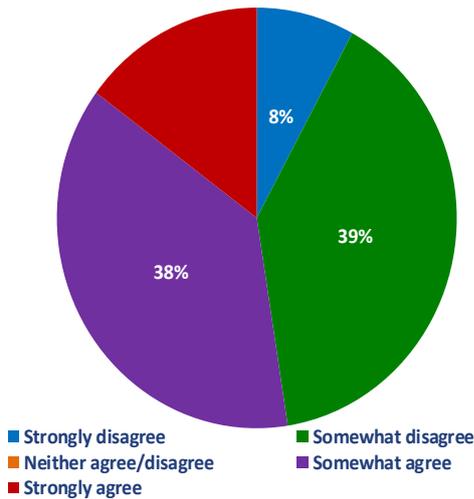
Years spent in training



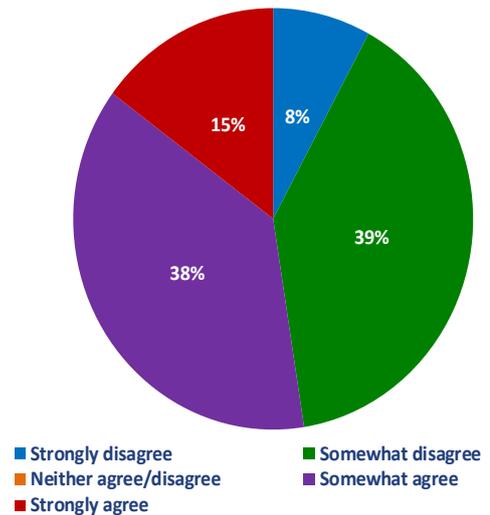
Lack of exposure during undergraduate years



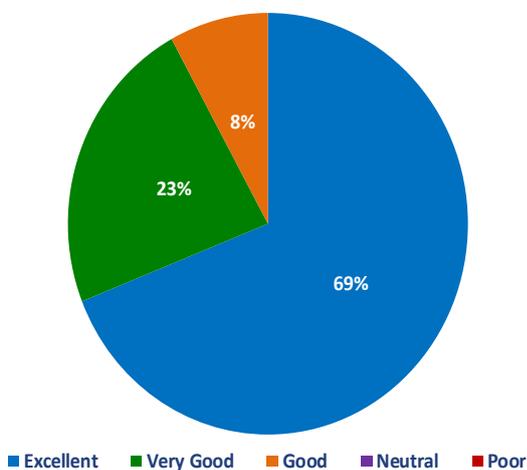
Negative experiences in orthopaedic placements



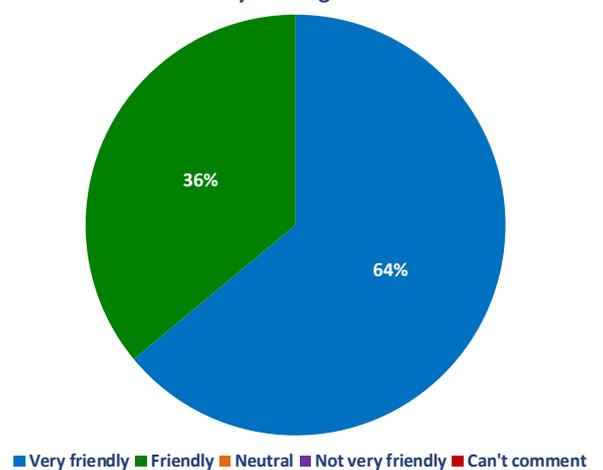
Lack of patient contact



How were the facilities and venue?

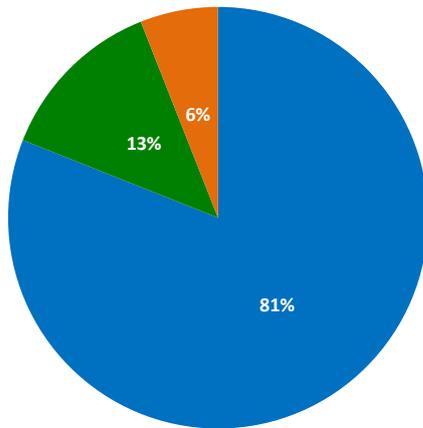


How was the general friendliness of the faculty and organisers?



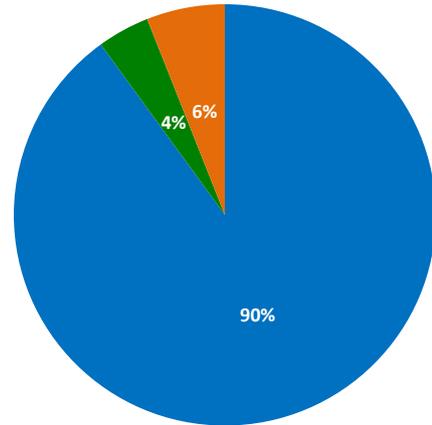
Overall Feedback

Would you recommend this conference to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

Excellent.

TL
Royal Devon and Exeter Hospital, Exeter, UK

Though the conference was excellent and I really enjoyed it.

IB
University of Exeter, Exeter, UK

It was really informative and helpful to have a conference dedicated to orthopaedics.

VV
University of Exeter, Exeter, UK

Very good, was good to see a mix of research and clinical content.

BM
University of Exeter, Exeter, UK

I have a great time, was really fun and informative will return next year.

NW
University of Exeter, Exeter, UK

I found it very informative and well organised. The standard of teaching and organisation was amazing.

AM
University of Exeter, Exeter, UK

I think it was really helpful especially as a medical student to gain insight into the specialty and how to prepare for the application process.

EV
University of Exeter, Exeter, UK

Wide range of topics, workshops, and insight into the career.

BF
University of Exeter, Exeter, UK

It was a really good conference, very well organised and very interesting workshops.

BS
University of Exeter, Exeter, UK

The overall impression of the organisation was very friendly and informative. the teaching was easy to understand however at times felt a bit overwhelming. the presentations were well conducted and engaging. the conference cleared up some misconceptions about pursuing a career in orthopaedics.

RM
University of Exeter, Exeter, UK

Individual Comments

I thought it was a great collection of speakers from across the profession. It was important to highlight the changes to orthopaedics going forward and it was interesting hearing everyone's experiences.

DS
University of Exeter, Exeter, UK

It was a really informative experience and now I know what to do next.

NS
University of Exeter, Exeter, UK

I came back from the event with very high praise and was very happy with everything during the event. I am incredibly appreciative towards everyone involved and I am most definitely inspired.

RP
University of Exeter, Exeter, UK

A very well organised and insightful conference with excellent workshops.

AC
University of Exeter, Exeter, UK

Very relevant for a later years medical student.

OD
University of Exeter, Exeter, UK

Excellent conference. Really made me want to get involved and submit a poster next year.

MB
University of Exeter, Exeter, UK

I thoroughly enjoyed the conference and I have learnt a lot throughout. It was great to hear from the doctors and their own personal experiences, I found it very inspiring. Each workshop was very interesting and well-delivered, it has definitely inspired me to think about pursuing surgery.

SL
University of Exeter, Exeter, UK

I think that this conference was organised very well and I enjoyed the variety.

IB
University of Exeter, Exeter, UK

Was very impressed at how the conference was structured with all the presentations and workshops being both interesting and useful for understanding what a career in orthopaedics would potentially be like. We are not assessed on a lot of orthopaedic knowledge on our course, so what I learnt may not be totally relevant to my studies, however it was interesting none the less.

NG
University of Exeter, Exeter, UK



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Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
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- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



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- International Medical Summer School
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Publications



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DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

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- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

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