



Student South West Orthopaedic Conference 2024



Feedback - November 2024

Student South West Orthopaedic Conference 2024

The South West Student Orthopaedic Conference 2024 aimed to inspire medical students and junior doctors into a career in Orthopaedics. It sought to build on the medical student experience of Orthopaedics and expose delegates to themes they are unlikely to have encountered during the standard curriculum.

The morning consisted of a number of talks from experts across the country, covering subspecialties such as: Oncological Orthopaedics, Ortho-plastics and Sports Orthopaedics which showcased the breadth of Orthopaedics and hopefully would inspire delegates into the speciality.

The afternoon session enabled delegates to participate in small group workshops, including hip arthroplasty, knee arthroplasty and spinal fracture fixation. These were led by senior Orthopaedic colleagues, allowing delegates to gain a better understanding of the technical demands of the speciality.

Course Information

Course Date:	9th November 2024
Venue:	RILD, Royal Devon and Exeter Hospital, Barrack Road
Attendance:	61 Delegates
Aimed at:	Medical student and Junior Doctors
Conference Fee:	£6.00



Programme

8:30 - 8:50	Registration	
8:50 - 9:00	Welcome + BOMSA sponsor talk	
9:00 - 9:40	What we need to know about orthopaedic oncology in our orthopaedic careers	Mr Duncan Whitwel
9:40 - 10:15	Humanitarian Orthopaedics and Interesting Cases	Mr Nik Jagodzinski

10:15 - 10:30

Break

10:30 - 11:05	Sports Orthopaedics	Ms Pamela Pulido
11:05 - 11:30	Diversity in Orthopaedics	Ms Kimberley Shuttlewood
11:30 - 12:00	A career in Surgery: Getting into Core Surgical Training	Dr Ranj Bhakar
12:00 - 12:20	Oral Abstract Presentation	

12:20 - 13:00

Lunch

13:00 - 13:50	Workshop 1 : Pedicle Screw (J+J)	
13:50 - 14:40	Workshop 2 : Knee Arthroplasty (Stryker)	
14:40 - 15:30	Workshop 3 : Hip arthroplasty (Stryker)	
15:30 - 16:20	Workshop 4 : Bone Saw Workshop	
16:20 - 16:30	Final Words	

Faculty

Speakers

Mr Duncan Whitwell, BMedSci BMBS FRCS (Lon) FRCS (Orth)

Consultant Orthopaedic Surgeon
Nuffield Orthopaedic Centre (Oxford)

Mr Nik Jagodzinski, MBChB FHEM FRCS(Tr&Orth), Dip Hand Surg (BSSH)

Consultant Hand, Wrist and Orthopaedic Trauma Surgeon
Royal Devon University Healthcare NHS Foundation Trust (North Devon)

Ms Pamela Pulido, MBChB FRCS

Consultant Knee Surgeon
Royal Devon University Healthcare NHS Foundation Trust (Exeter)

Ms Kimberley Shuttlewood, MBBS BSc MRCS

Senior Registrar
Royal Devon University Healthcare NHS Foundation Trust

Dr Ranj Bhakar, BMBS BSc

Core Surgical Trainee
Royal Devon University Healthcare NHS Foundation Trust

Patrons

Mr Oliver Stokes, MBBS, MSc, FRCS (Tr&Orth)

Consultant Spinal Surgeon
Royal Devon University Healthcare NHS Foundation Trust (Exeter)

Ms Kimberley Shuttlewood MBBS BSc MRCS

Senior Registrar
Royal Devon University Healthcare NHS Foundation Trust

Mr Al-Amin Kassam MBBS BSc (Hons) FRCS (Tr&Ortho)

Consultant Hip Surgeon
Royal Devon University Healthcare NHS Foundation Trust (Exeter)

Mr Alex Goubran MBBS BSc FRCS

Consultant Spinal Surgeon
Musgrove Park Hospital

Faculty

Organising Committee

Dr Sylvia Misztal
Co-chair

Mr James Miller
Co-chair

Mr George Gibbs
Workshop Co-Ordinator

Mr Luca Di Fabio
Workshop Co-Ordinator

Mr Raman Mob
Co-Ordinator

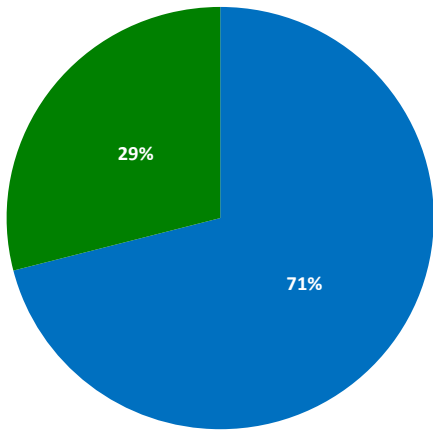
Mr Will Stokes
Co-Ordinator

Mr Rohan Ewels
Lecture Co-Ordinator

Ms Tegan Cock
Social Media

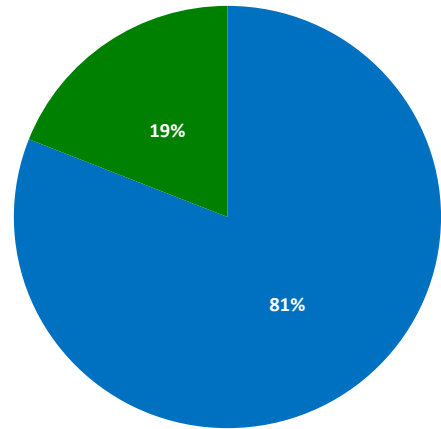
Overall Feedback

How was the content of the conference?



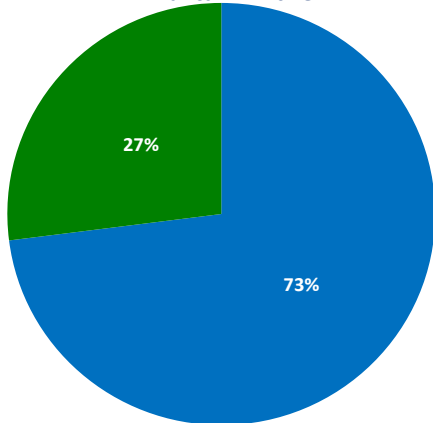
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How would you rate the general academic standard of the speakers?



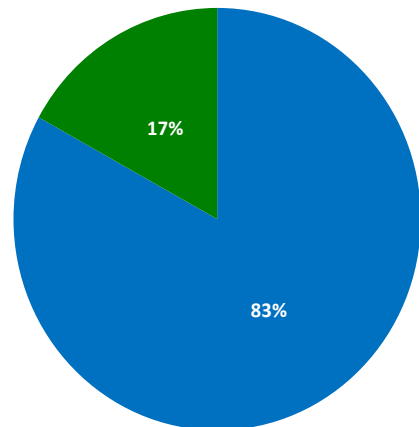
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What we need to know about orthopaedic oncology in our orthopaedic careers - Mr Duncan Whitwel



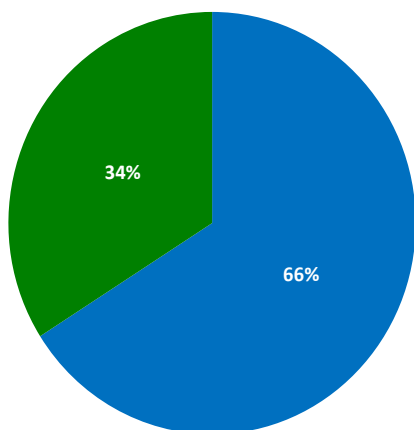
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Humanitarian Orthopaedics and Interesting Cases - Mr Nik Jagodzinski



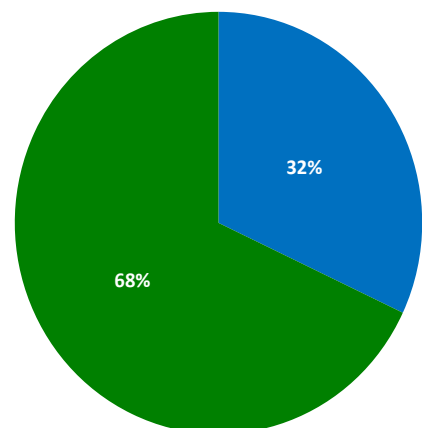
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Sports Orthopaedics - Ms Pamela Pulido



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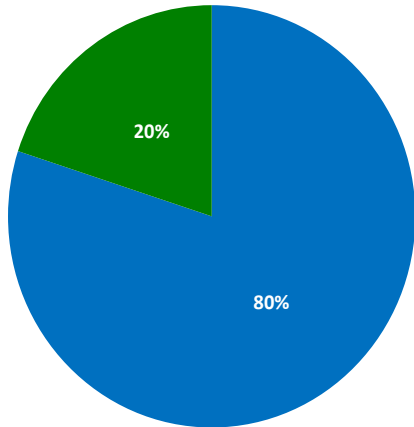
Diversity in Orthopaedics - Ms Kimberley Shuttlewood



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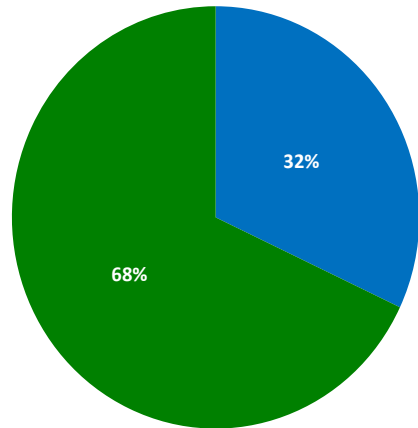
Overall Feedback

A career in Surgery: Getting into Core Surgical Training - Dr Ranj Bhakar



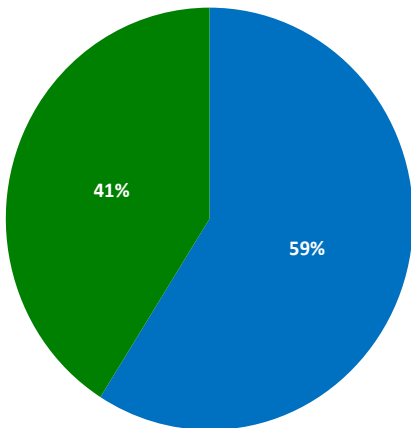
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Oral Abstract Presentation



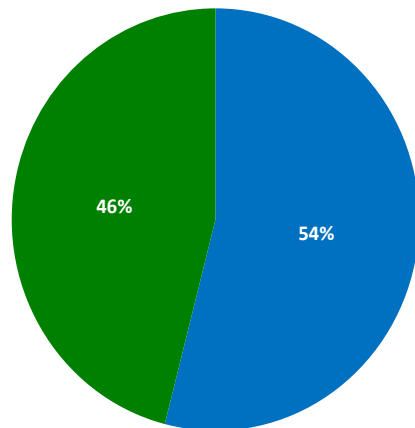
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Workshop 1 : Pedicle Screw (J+J)



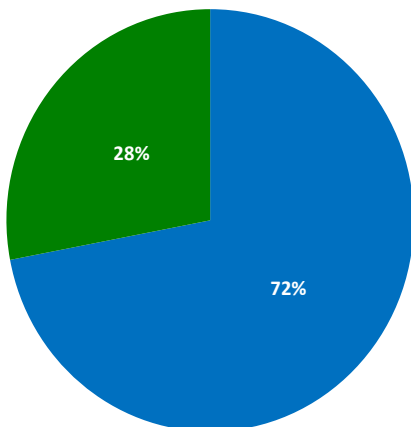
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Workshop 2 : Knee Arthroplasty (Stryker)



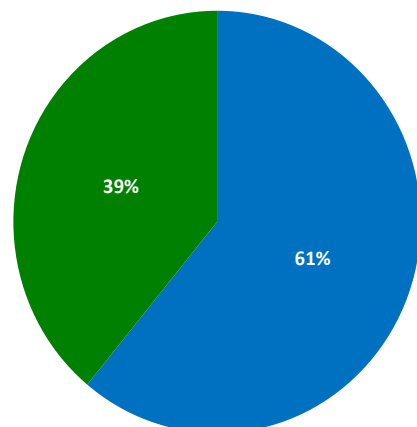
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Workshop 3 : Hip arthroplasty (Stryker)



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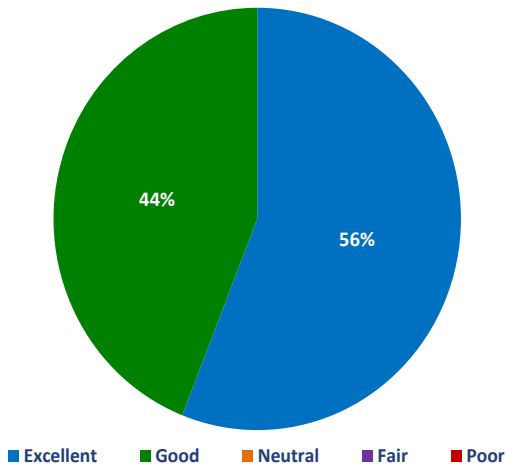
Workshop 4 : Bone Saw Workshop



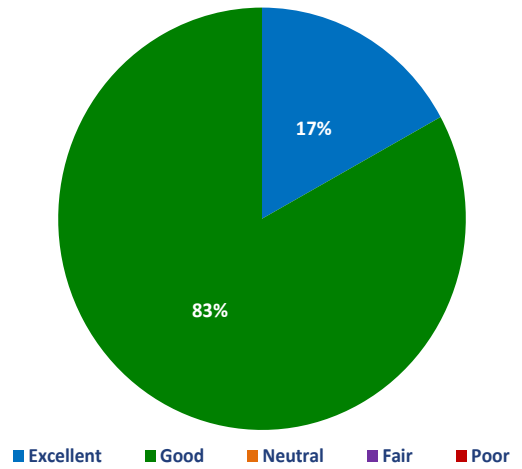
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Overall Feedback

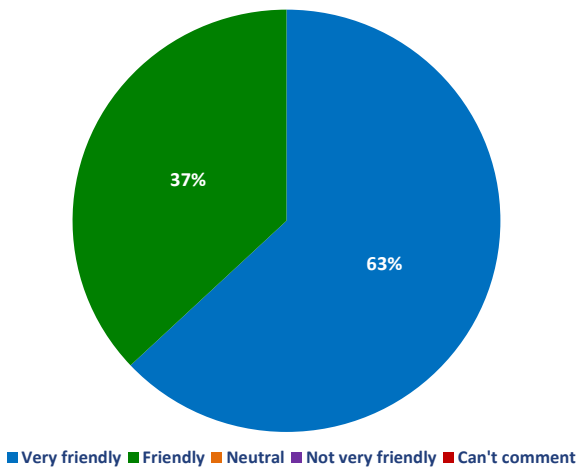
How were the facilities and venue?



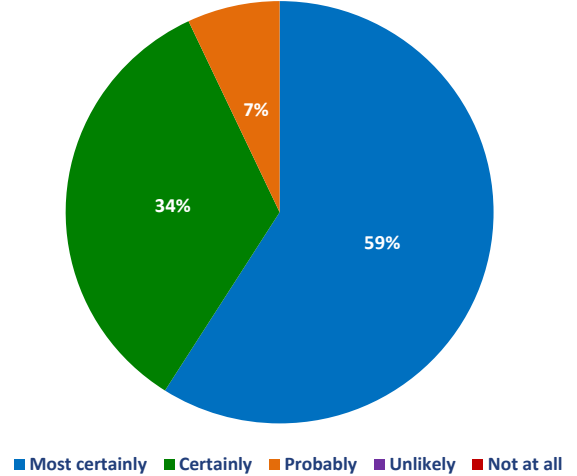
How were the refreshments and lunch?



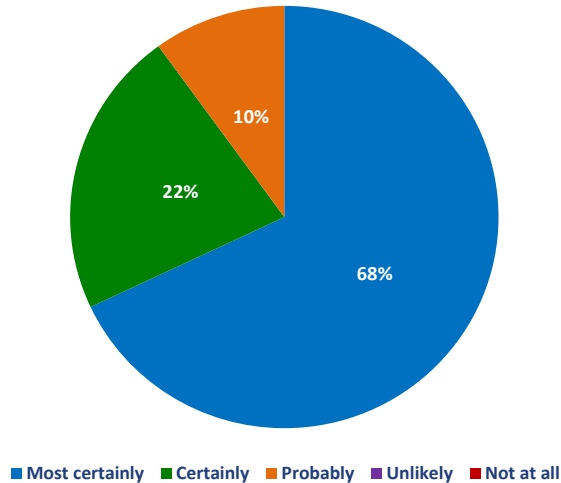
How was the general friendliness of the faculty and organisers?



Would you recommend this conference to a friend?



Do you think that this course provided good value for money?



Individual Comments

Very good exposure to orthopaedics.

DK
University of Exeter, Exeter, UK

Very informative conference that covered a wide range of teaching. The workshops were very helpful to contextualise these procedures.

LG
University of Exeter, Exeter, UK

Very well organised, excellent workshops.

TP
University of Exeter, Exeter, UK

Very good.

UB
University of Exeter, Exeter, UK

It got me interested in specialising in orthopaedic surgery.

YV
University of Exeter, Exeter, UK

A great view of orthopaedics for hopeful surgeons.

LD
University of Exeter, Exeter, UK

I really enjoyed the content of the conference. I found it informative regarding future career choices.

MG
University of Exeter, Exeter, UK

It was very well done, very informative and also inspirational.

KG
University of Exeter, Exeter, UK

Very good conference, impressed with the standard since it was my first top.

TM
University of Exeter, Exeter, UK

I found all the presentations from the orthopaedic surgeons very inspiring.

SF
University of Exeter, Exeter, UK

Individual Comments

It was a great learning experience that has enhanced my understanding of orthopaedics.

CW
University of Exeter, Exeter, UK

It was a very well organised event with excellent talks. Thank you.

SP
University of Exeter, Exeter, UK

Really good, the workshops were excellent and everyone had a chance to try. Talks were great as well especially relevant to students and foundation doctors.

SV
University of Exeter, Exeter, UK

Overall the conference was excellent.

OB
University of Exeter, Exeter, UK

The seminars were really interesting and the speakers engaging and motivational really driving us towards a career in orthopaedics.

RG
University of Exeter, Exeter, UK

Very professional and informative- really good, thank you.

AC
University of Exeter, Exeter, UK

Very good and informative.

AA
University of Exeter, Exeter, UK

Great conference for a very good price. All the talks were informative and inspiring. Workshops were interactive and useful in terms of introducing us to basic orthopaedic skills.

ST
University of Exeter, Exeter, UK



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- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

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