

**Training The Clinical  
Anatomy Trainer - Level 1**

**Feedback - November 2014**

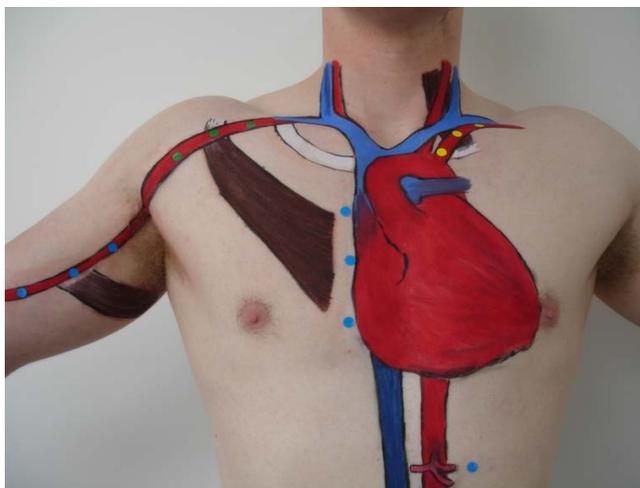
## Training The Clinical Anatomy Trainer - Level 1

Taught by surgeons, this 'Clinical Anatomy Trainer Level 1' course is intended to provide delegates with a sound understanding of applied clinical anatomy pertinent to senior medical students and foundation doctors. The course is predominantly delivered through surface anatomy demonstration as applied to trauma, assessment of nerve injuries, surgical incisions, & the anatomy encountered during common operative procedures. As of today the Academy has run nine Training the Clinical Anatomy Trainer - Level 1 courses, of which the feedback from those held between the dates of October 2013-14 have been detailed for review in this summary document.

The course uses imaginative artwork to identify important surface anatomy landmarks pertinent to surgical procedures and trauma, complemented by traditional teaching and interactive focus-group workshops that cover the fundamental principles of local and regional anaesthetics, essential concepts in wound healing, and an overview of sutures & suture materials. Successful completion of the course requires the delegate to obtain 70% marks in the above areas, which is formally assessed in the form of spotters and viva-voce. It is intended that on completion of this course a delegate will have sufficient knowledge & understanding to teach their juniors in a formal manner, as successful candidates are provided with a teaching certificate to validate this.

### Course Information

<b>Course date:</b>	<b>30<sup>th</sup> November 2014</b>
<b>Venue:</b>	<b>University of Aberdeen, Aberdeen</b>
<b>Attendance:</b>	<b>20 Delegates</b>
<b>Aimed at:</b>	<b>Medical Students FY1 FY2</b>
<b>Course fee:</b>	<b>£30 Student £55 Doctor</b>



## Course Programme

0815 - 0830	Registration
0830 - 0845	Introduction to the course and format
0845 - 0910	Pre-Course Assessment
0910 - 0920	Discussion and Answers to Pre-Course Assessment
0920 - 0950	Brachial plexus and arm
0950 - 1010	Shoulder, scapula and rotator cuff
1010 - 1040	Cubital fossa, forearm, flexor retinaculum and hand

**1040 - 1100** **Break for refreshments**

1100 - 1120	Scalp and face
1120 - 1145	Neck
1145 - 1155	Thoracic wall
1155 - 1210	Mediastinum, Heart and Lungs
1210 - 1230	Vascular anatomy of thorax, head and neck and thorax
1230 - 1245	Diaphragm, back and Spinal Cord

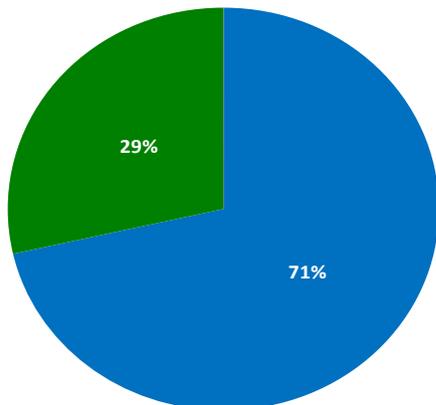
**1245 - 1320** **Lunch**

## Course Programme

<b>1320 - 1340</b>	Wound healing and sutures
<b>1340 - 1350</b>	Local anaesthetics
<b>1350 - 1415</b>	Transpyloric plane, anterior abdominal wall and inguinal region
<b>1415 - 1440</b>	Abdominal and pelvic anatomy
<b>1440 - 1450</b>	Lumbar and lumbosacral plexus
<b>1450 - 1510</b>	Femoral triangle, thigh, popliteal fossa
<b>1510 - 1540</b>	Lower leg, ankle and foot
<b>1540 - 1610</b>	Theory Evaluation
<b>1610 - 1810</b>	Individual viva [along with refreshments and feedback]
<b>1810</b>	End of Course [candidates who have their viva early will finish the course ahead of their colleagues]

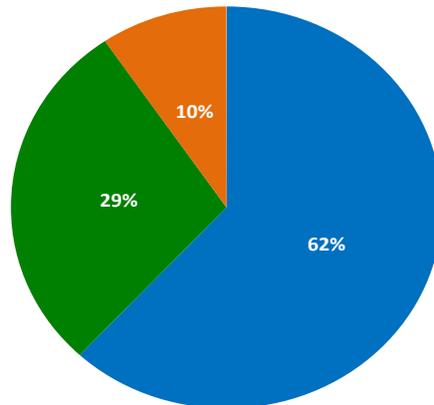
# Overall Course Feedback

How was the overall content of the course?



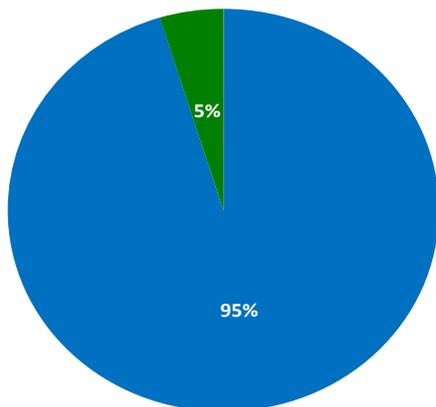
■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

How was the clarity of demonstrations and presentations?



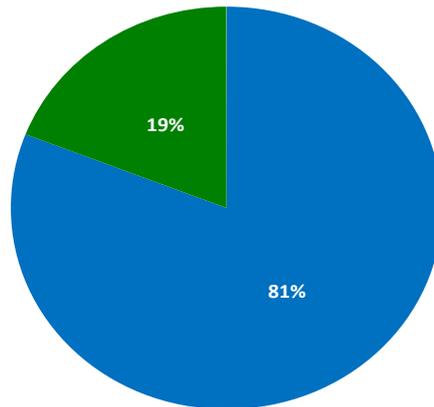
■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

How would you rate the academic standard and knowledge of the lecturer?



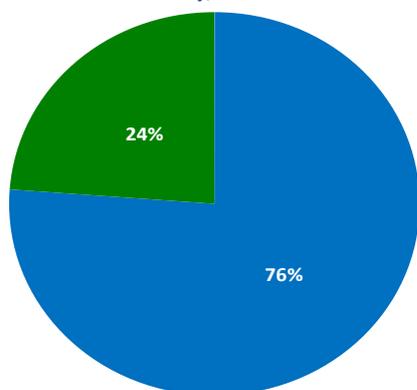
■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

Do you feel that you enhanced your anatomy knowledge by attending the day?



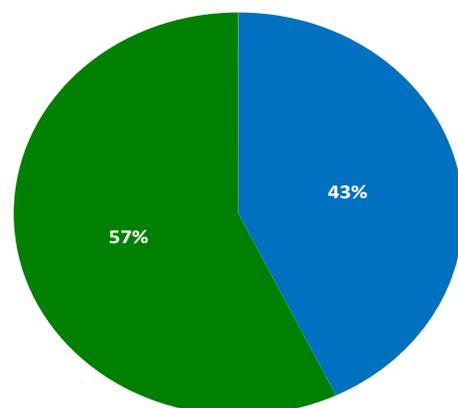
■ Most Certainly ■ Certainly ■ Probably  
■ A small amount ■ Not at all

Did the course provide you with an overview of anatomy pertinent to your study/work?



■ Most Certainly ■ Certainly ■ Probably  
■ A small amount ■ Not at all

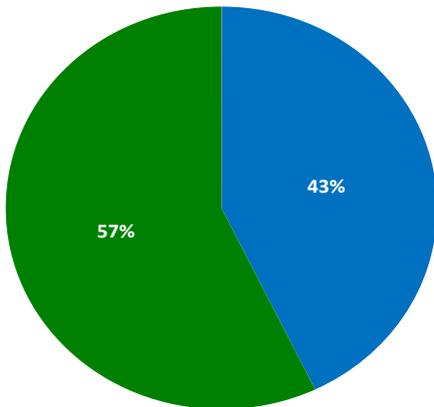
Head and Face



■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

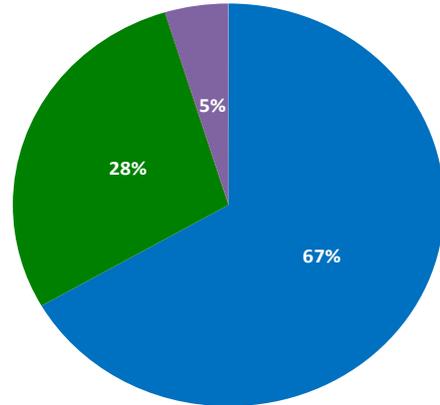
# Overall Course Feedback

Neck



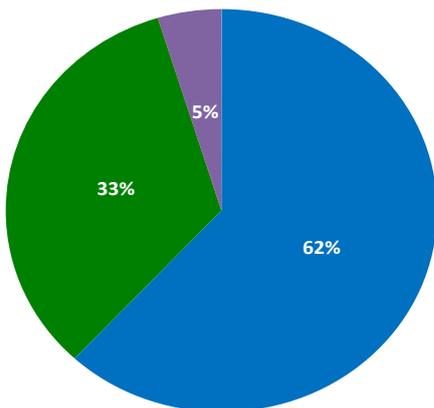
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

Brachial Plexus and Scapula



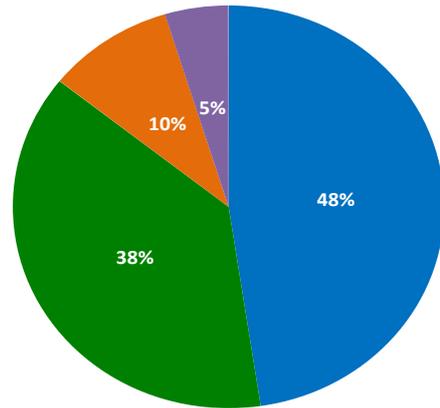
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

Arm and Forearm



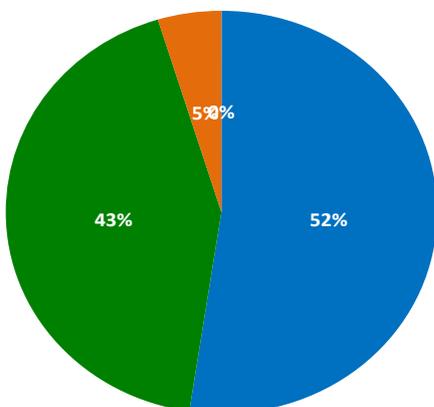
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

Hand



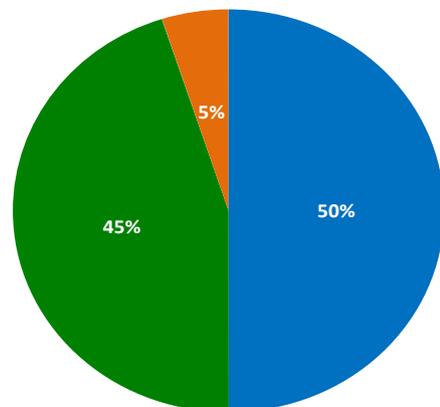
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

Thorax



■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

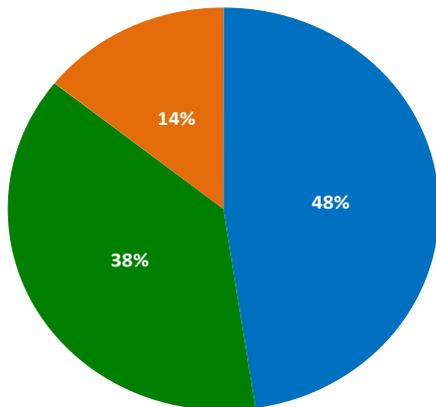
Abdominal Wall



■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

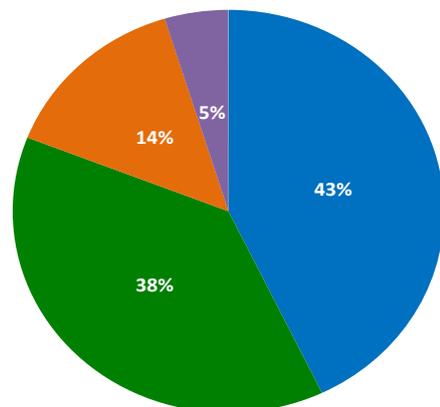
# Overall Course Feedback

Abdominal Contents and Blood Supply



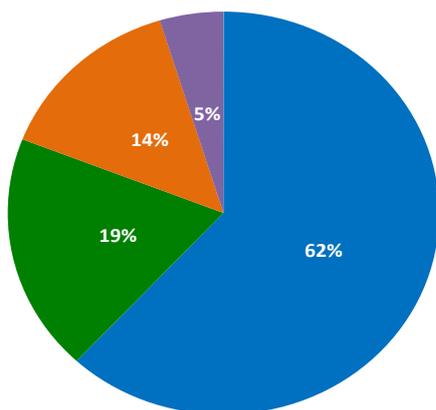
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

Lumbar Plexus



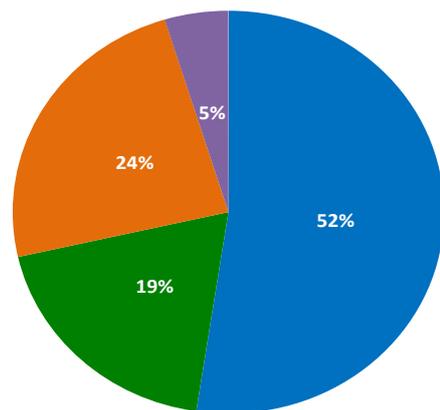
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

Femoral Region and Thigh



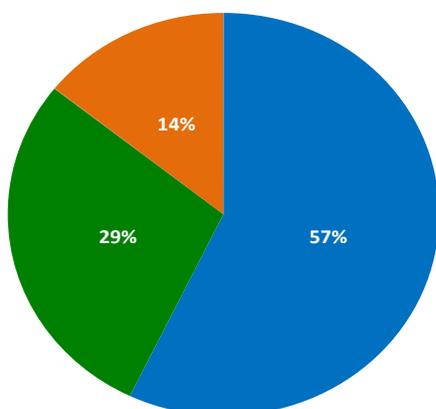
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

Lower Leg and Foot



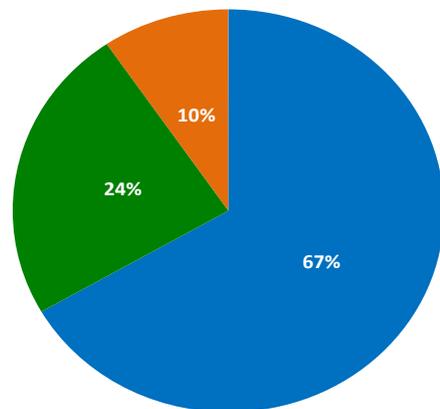
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

Wound Healing and Local Anaesthesia



■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

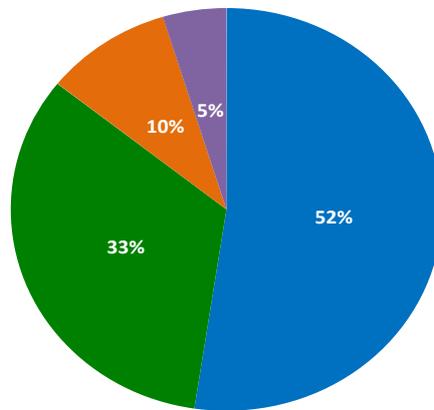
Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ May be ■ No way

## Overall Course Feedback

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ May be ■ No way

## Individual Comments

I have learnt so much throughout the course! It was intense but was so useful!

**MS**

*University of Aberdeen, United Kingdom*

Excellent course. Informative and concise. Pre-course material was also very helpful.

**AM**

*University of Aberdeen, United Kingdom*

The course was intense but still well balanced in terms of information. I learnt a lot in the day in terms of how to remember things with mnemonic and general revision. It was interactive and geared away from a power point presentation which can be boring so I thought this was a good thing.

**AP**

*University of Aberdeen, United Kingdom*

It was a very long and intense day, but overall I think that it has helped a great deal with my anatomy knowledge and understanding.

**RC**

*University of Aberdeen, United Kingdom*

Well organised course with high quality teaching. Gives attendees confidence to teach others anatomy.

**CG**

*University of Edinburgh, United Kingdom*

Very intense but a great way to help revise.

**MA**

*University of Aberdeen, United Kingdom*

Very comprehensive intensive course with good demonstrations and illustrations to remember easily.

**HT**

*University of Aberdeen, United Kingdom*

Excellent.

**MS**

*University of Aberdeen, United Kingdom*

Very Good :)

**YW**

*University of Aberdeen, United Kingdom*

## Individual Comments

Great.

**JL**  
*University of Aberdeen, United Kingdom*

Organisation was good, as were the teaching and presentation.

**SJ**  
*University of Edinburgh, United Kingdom*

Very good.

**SD**  
*Dr Gray's Hospital, Elgin, United Kingdom*

it was intense but well-taught within the time set out for it.

**SC**  
*University of Aberdeen, United Kingdom*

I thought this course was very well organised and very helpful to my studies. Thank you.

**MA**  
*University of Aberdeen, United Kingdom*

Very good.

**JC**  
*University of Aberdeen, United Kingdom*

It was a great summary of whole body anatomy, and was taught very well. The anatomy was very relevant and well condensed into the six hours of teaching. The whole day was well organised and well paced.

**GG**  
*University of Aberdeen*

Well organised.

**ES**  
*University of Aberdeen, United Kingdom*

Good revision course for year 3 anatomy exam.

**NN**  
*University of Aberdeen, United Kingdom*

## Individual Comments

Really happy that I attended this course and I recommended it to my physician associate students colleagues. Very impressed that refreshments and lunch were offered as I did not expect this with the price of the course. Will like to attend this course again! Many thanks!

CC

*University of Aberdeen, United Kingdom*



# DOCTORS ACADEMY

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## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- **International Medical Summer School**  
*Manchester, 1<sup>st</sup> - 5<sup>th</sup> August 2016*
- **International Academic and Research Conference**  
*Manchester, 6<sup>th</sup> August 2016*
- **World University Anatomy Challenge**  
*Manchester, 5<sup>th</sup> August 2016*

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

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## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
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