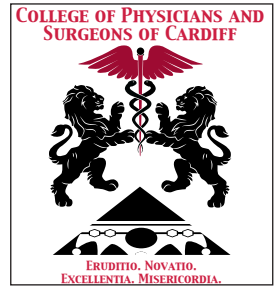


**DOCTORS ACADEMY**



**BETTER EDUCATION. BETTER HEALTH.**



## Trauma and Orthopaedic Surgery ST3 Interview Preparation Course (In Person)



**Feedback - February 2026**

## Trauma and Orthopaedic Surgery ST3 Interview Preparation Course (In Person)

This one-day, face-to-face ST3 Trauma and Orthopaedic Surgery Interview Preparation Course was designed to provide focused, high-quality preparation for candidates applying for ST3 Trauma and Orthopaedic Surgery posts in England and Wales (March 2026 intake).

The course closely mirrored the current national ST3 interview format, with structured practice across the four core stations: portfolio and commitment to specialty, clinical scenarios, prioritisation/management, and communication skills. Candidates rotated through realistic, commonly tested scenarios under timed conditions, reflecting the pace, structure, and expectations of the actual interview.

The highlight of this course was its high faculty-to-delegate ratio, ensuring that all participants had multiple opportunities to actively practise scenarios and receive individualised, targeted feedback from experienced orthopaedic surgeons and senior interview faculty. Feedback was structured, criterion-based, and explicitly aligned to the 2026 Trauma and Orthopaedic Surgery person specification, enabling candidates to understand not only what to improve, but how to score more highly.

### Course Information

<b>Course Date:</b>	<b>28<sup>th</sup> February 2026</b>
<b>Venue:</b>	<b>Doctors Academy Institute, Cardiff Bay, Cardiff</b>
<b>Attendance:</b>	<b>17 Delegates</b>
<b>Aimed at:</b>	<b>Medical Students</b>
<b>Course Fee:</b>	<b>£97.00</b>

The course was aimed at trainees who already met the essential eligibility criteria and wished to refine performance, structure answers effectively, demonstrate insight and judgement, and present their portfolio with clarity and confidence. The quality and standard of delivery reflected the high academic reputation and educational standards of Doctors Academy, with an emphasis on safe decision-making, professionalism, and excellence in communication.



## Programme

0845 Registration

0900-0920 How to Perform Well in the Interview

0920-0940 Common Clinical Scenarios

0940-1000 Research and Audit

**1000-1030**

**Break**

1100-1300 Mock Interview Stations (Round 1)

**1300-1345**

**Lunch**

1345-1545 Mock Interview Stations (Round 2)

**1545-1600**

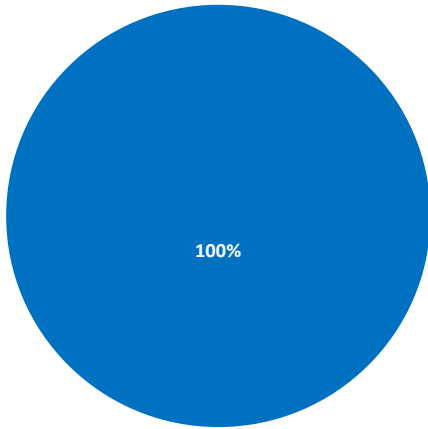
**Break**

1600-1630 Q&A Session and Top Tips for the Interview

1630 End of Course

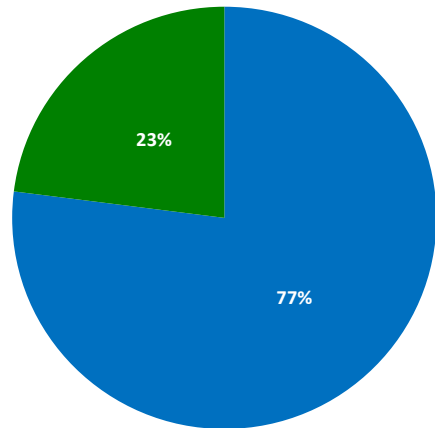
# Overall Feedback

How was the content of the course?



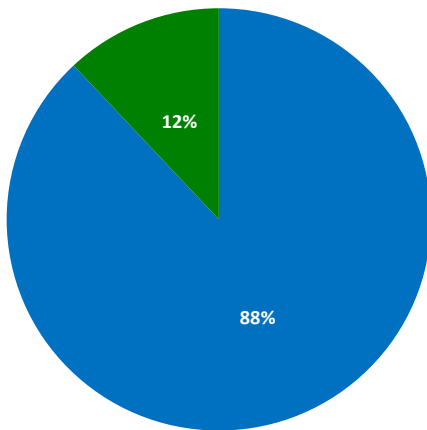
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the faculty?



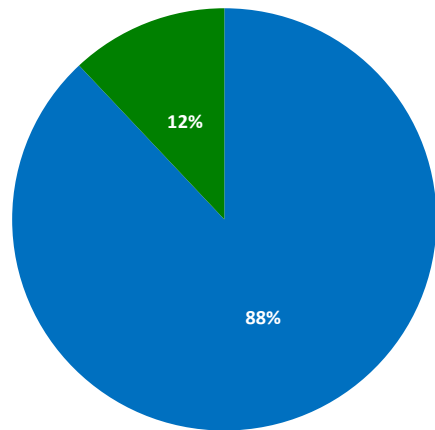
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the information provided?



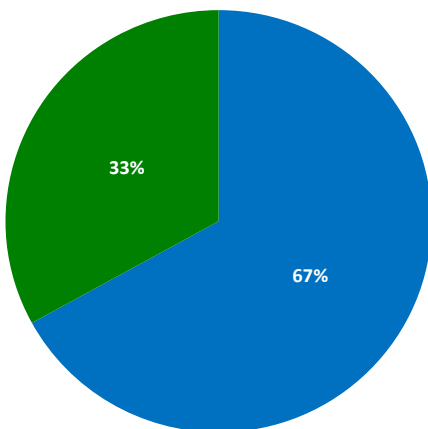
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did the course meet your objectives?



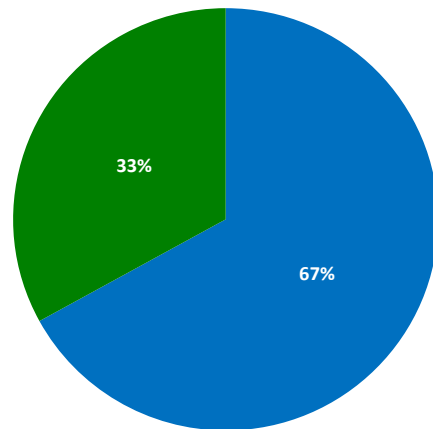
■ Most certainly ■ Certainly ■ Probably ■ A little ■ Not at all

Interactive Discussion (1): How to Perform Well in the Interview



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

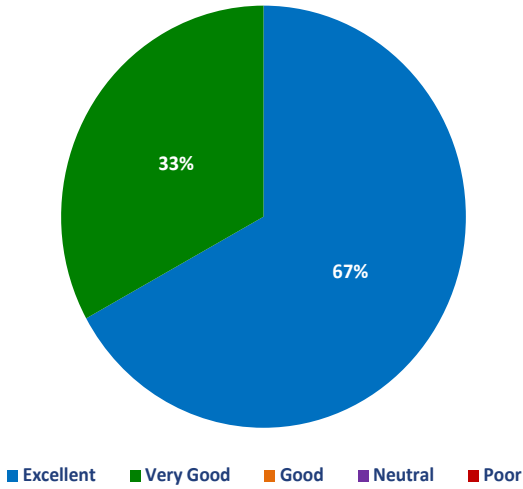
Interactive Discussion (2): Common Clinical Scenarios



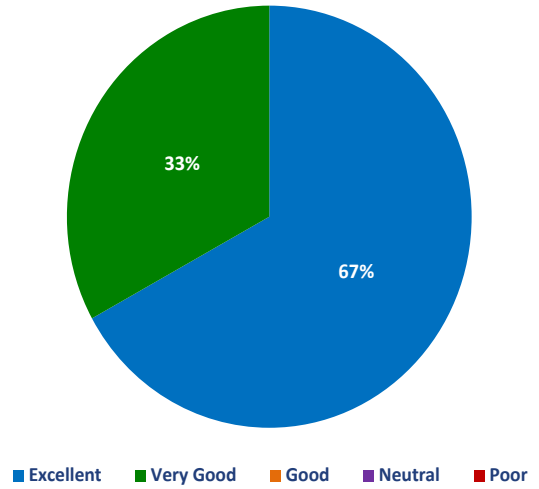
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

# Overall Feedback

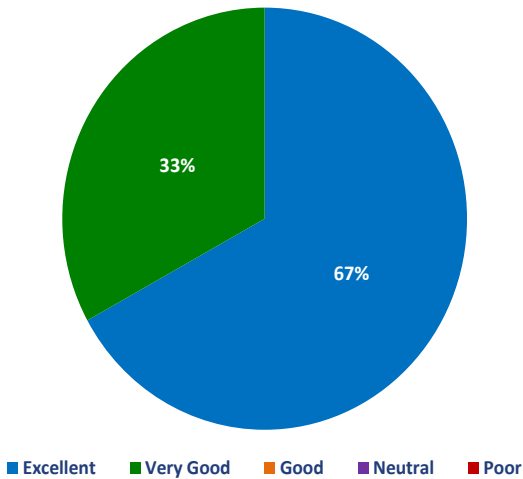
Interactive Discussion (3): Research and Audit



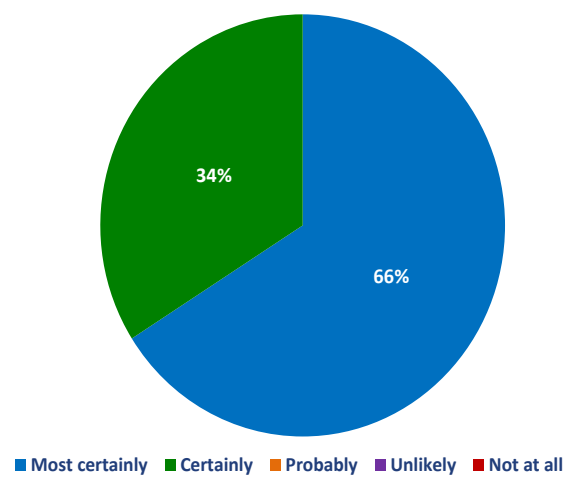
Mock Interview (1): Clinical Stations



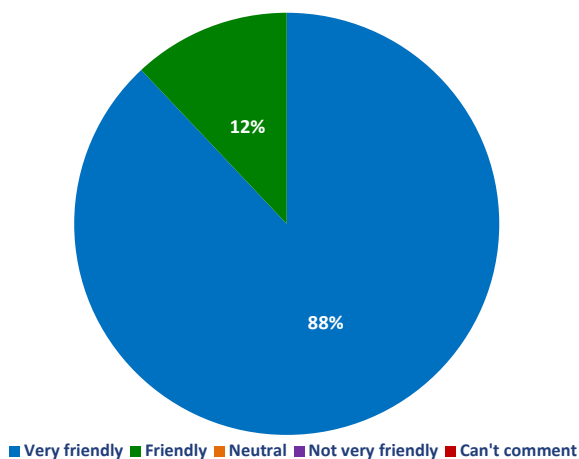
Mock Interview (2): Research, Audit, and Communication



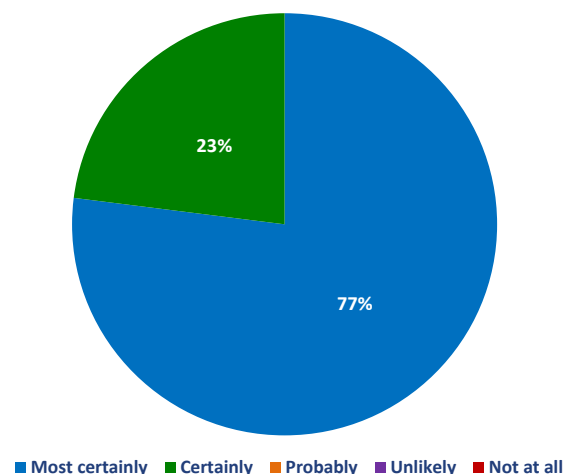
Did you receive sufficient feedback in the mock interview stations?



How was the general friendliness of the faculty and organisers?

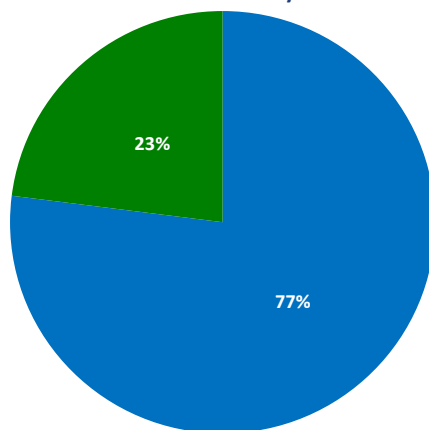


Would you recommend this course to a friend?



## Overall Feedback

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

## Individual Comments

Great course, very satisfied, felt more prepared now going into my interview.

**DL**

Very satisfied.

**NS**

***Birmingham East and North NHS Primary Care Trust, UK***

Extremely helpful course - covered a huge amount of clinical and portfolio scenarios within a short period of time. Good practice for the interview.

**JL**

***Doncaster Royal Infirmary, Doncaster, UK***



# DOCTORS ACADEMY

BETTER EDUCATION. BETTER HEALTH.

Doctors Academy is an international non-profit organisation which comprises of doctors, dentists and scientists. The aim of the Academy is to disseminate information and facilitate the exchange of medical knowledge between professionals from diverse backgrounds who work in various healthcare settings. In order to achieve this, a diverse range of educational activities are undertaken globally which are further complemented by our publishing house, online resources, and international events and competitions.

## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Essential Surgical Skills and Principles for Aspiring Surgeons
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures

### Postgraduate:

#### Exam Preparation Courses

- MRCS Part A
- MRCS Part B OSCE
- MRCS (ENT) OSCE
- FRCS (General Surgery) Section I
- FRCS (General Surgery) Section II
- FRCS (T&O) Section II
- MRCP PACES
- ST3 Interview Preparation (General Surgery, Orthopaedic Surgery, Plastic Surgery)

#### Skills Development Courses

- Fresh Frozen Cadaveric Courses
- Intercollegiate Basic Surgical Skills (RCSEd)
- Essential Surgical Skills and Principles for Aspiring Surgeons
- Infant Hip Ultrasound (Graf Method) for Diagnosis and Management of Developmental Dysplasia of the Hip
- Crash Course for Orthopaedic On-Calls
- Management of Hand Fractures and Principles of Fracture Fixation
- Vascular Ultrasound Skills



## Postgraduate Programmes in Surgery:

**Postgraduate Certificate (PGCert) in Surgical Education**

**Postgraduate Diploma (PGDip) in Surgical Education**

**Postgraduate Certificate (PGCert) in Surgical Anatomy**

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

## World Journal of Medical Education & Research



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## Online Revision Resources

DoctorExams consists of thousands of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. The questions have been written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of the given topics. Based on past exams, these questions have been carefully designed to meet the needs of undergraduate students and postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Part A
- MRCS Part B OSCE
- MRCS (ENT) OSCE

[doctorexams.co.uk](http://doctorexams.co.uk)

[www.doctorsacademy.org](http://www.doctorsacademy.org)