



# 2025 Welsh National Surgical Conference

Feedback - March 2025

## 2025 Welsh National Surgical Conference

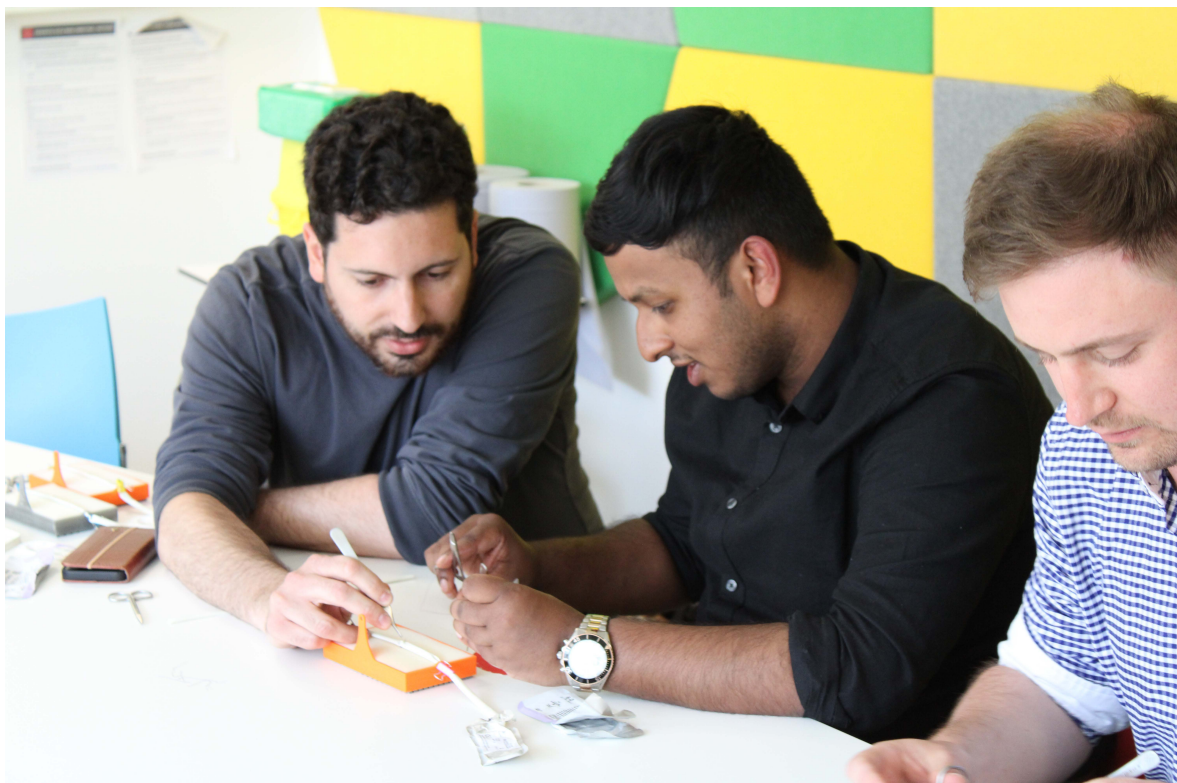
The Welsh National Surgical Conference in Swansea, was a premier event tailored for medical students and junior doctors with a keen interest in surgery. This year, the WNSC proudly celebrated seven years as a medical student-led conference dedicated to the advancement of surgery in Wales and globally. Established in 2018 by passionate medical students eager to pursue surgical careers and enhance their clinical expertise, the WNSC has since experienced significant growth and is now an annual event for aspiring surgeons in Wales.

### Event Highlights:

- **Engaging Talks:** Hear from renowned speakers, including a welcome address by Mr Bragg and sessions on Celebrity Breast Surgery and Ophthalmology: Politics and Medicine.
- **Hands-on Workshops:** Of the six workshops, attendees will be allocated to four interactive workshops covering essential skills such as vascular anastomosis, nasal packing and quinsy drainage, tumour removal techniques, and more.
- **Networking Opportunities:** Connect with experienced surgeons and fellow attendees to enhance your professional journey.

### Course Information

<b>Venue:</b>	<b>Bay Campus, Swansea University, Swansea</b>
<b>Date:</b>	<b>15<sup>th</sup> March 2025</b>
<b>Attendance:</b>	<b>53 Delegates</b>
<b>Aimed at:</b>	<b>Pre-Medical Students; Medical Students of All Years; Foundation Year 1 and 2 Doctors</b>
<b>Conference Fee:</b>	<b>£18.00</b>



## Programme

0930-1000 Registration and Morning Refreshments

1000-1005 Introduction from Presidents

1005-1030 Welcome Address – Mr Bragg

1030-1100 Celebrity Breast Surgery

**1115-1130**

**Break**

1130-1200 Ophthalmology: Politics and Medicine

1200-1230 Journey into Becoming a Surgeon

**1230-1330**

**Workshop Allocation and Lunch**

1330-1415

### **Workshop 1**

- o Vascular Anastomosis
- o ENT - Nasal Packing and Quinsy Drainage
- o Breast Surgery – Tumour Removal and Flaps
- o Basic Surgical Skills
- o Dr AI - Machine Learning and Creating Your Own Programme in Medicine
- o Epicardio – Learning How To Understand And Read ECGs

1415-1500

### **Workshop 2**

- o Vascular Anastomosis
- o ENT - Nasal Packing and Quinsy Drainage
- o Breast Surgery – Tumour Removal and Flaps
- o Basic Surgical Skills
- o Dr AI - Machine Learning and Creating Your Own Programme in Medicine
- o Epicardio – Learning How To Understand And Read ECGs

# Programme

1500-1515

Break

1515-1600

## Workshop 3

- o Vascular Anastomosis
- o ENT - Nasal Packing and Quinsy Drainage
- o Breast Surgery – Tumour Removal and Flaps
- o Basic Surgical Skills
- o Dr AI - Machine Learning and Creating Your Own Programme in Medicine
- o Epicardio – Learning How To Understand And Read ECGs

1600-1645

## Workshop 4

- o Vascular Anastomosis
- o ENT - Nasal Packing and Quinsy Drainage
- o Breast Surgery – Tumour Removal and Flaps
- o Basic Surgical Skills
- o Dr AI - Machine Learning and Creating Your Own Programme in Medicine
- o Epicardio – Learning How To Understand And Read ECGs

1645-1715

Closing Talk – Dr Sam Webster on ‘The Importance of Failing in Surgery’

1715-1730

Closing Ceremony

## Faculty

### **Mr Thomas Bragg, FRCS (Plast)**

Consultant Plastic, Reconstructive and Sarcoma Surgeon  
Clinical Lead Sarcoma Multi-Disciplinary Team  
All Wales Training Program Director Plastic Surgery  
Senior Clinical Tutor, Swansea University

### **Mr Gwyn Samuel Williams, MBChB, MRCS, FRCS**

Consultant Ophthalmologist, Medical Retina Specialist  
Singleton Hospital, Swansea Bay University Health Board

### **Mrs Asmaa Al-Allak, MBBCh, FRCS, PhD, LLM, Honorary Fellow Cardiff University**

Consultant Breast Surgeon  
Cwm Taf University Health Board, South Wales

### **Mr Shafiq Chughtai, MBBS, MRCS, FRCS, MSc (Organ Transplantation)**

Consultant Upper GI Surgeon  
Cwm Taf University Health Board, South Wales

### **Dr Samuel Webster, BSc, PhD, FHEA**

Senior Lecturer in Anatomy and Embryology  
Swansea University Medical School, Wales

## Organisers

### Swansea

#### **Mr Jaskaran Singh Bhangu**

President

#### **Miss Poornima Ramesh**

Vice President

#### **Mr Keioni Essex**

Sponsorship/Workshop Lead

#### **Miss Zoe Edwards-I-Coll**

Sponsorship/Workshop Lead

#### **Miss Palesa Ndlovu**

Secretary

#### **Miss Rebecca Kent**

Workshop Lead

#### **Miss Rhadika Rewal**

Workshop Lead

#### **Mr Chris Stewart**

Workshop Lead

### Cardiff

#### **Miss Nada Dahan**

Conference Lead

#### **Miss Zena Al-Essawi**

Conference Lead VP

#### **Miss Alaa Mohammed**

Marketing Manager

#### **Mr Ahmed Mansoor**

Secretary

#### **Miss Becky Leveridge**

Treasurer

#### **Miss Sanjana Purbhoo**

Workshop Lead

#### **Miss Hanifa Alis**

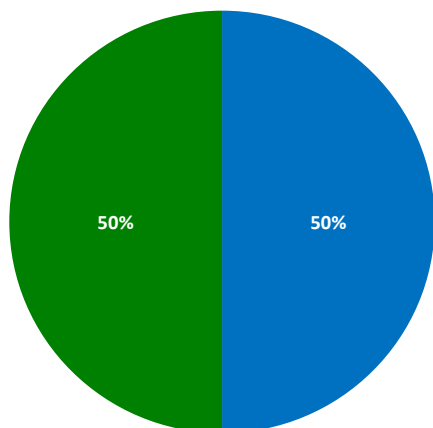
Workshop Lead

#### **Miss Anisa Shah**

Workshop Lead

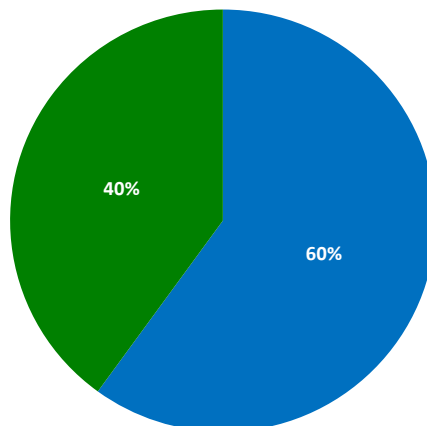
## Overall Feedback

How was the content of the conference?



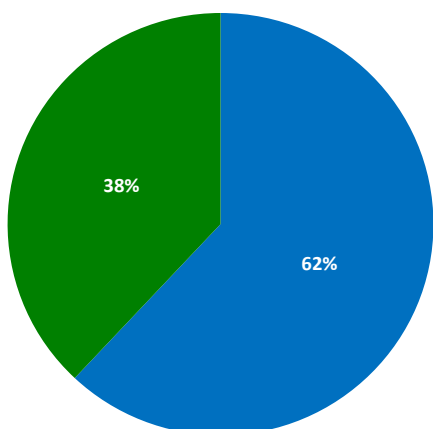
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the faculty?



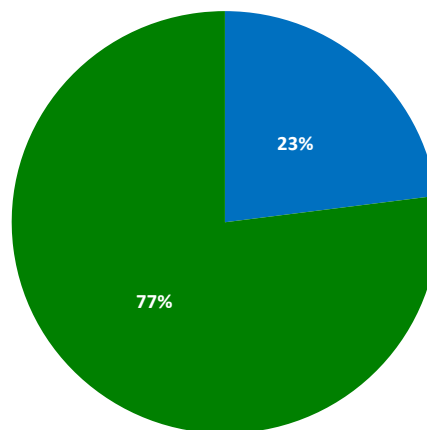
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Celebrity Breast Surgery



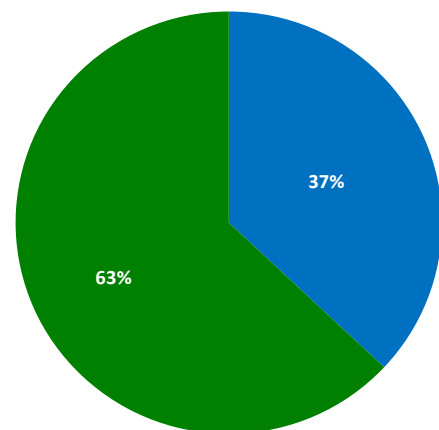
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Ophthalmology: Politics and Medicine



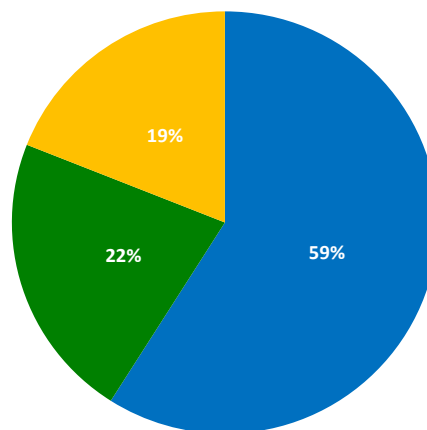
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Journey to Becoming a Surgeon



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

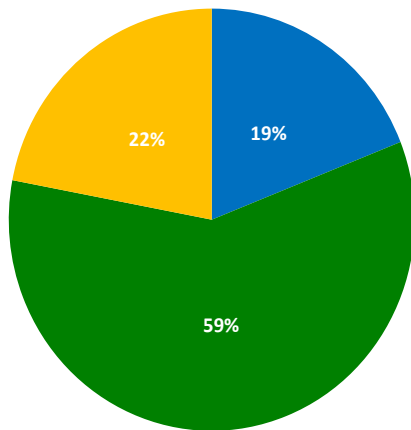
Vascular Anastomosis



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Did Not Attend

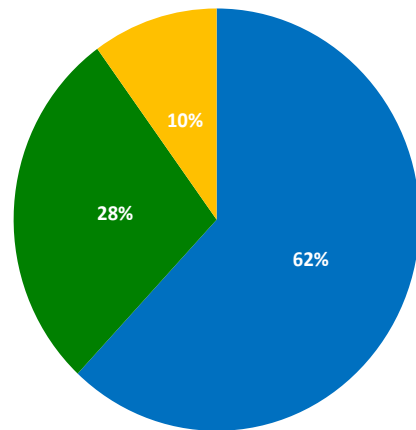
## Overall Feedback

ENT (Nasal Packing and Quinsy Drainage)



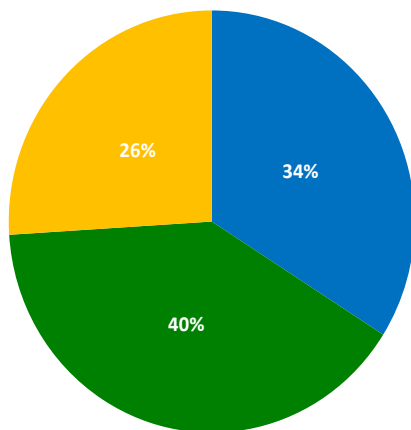
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Did Not Attend

Breast Surgery (Tumour Removal and Flaps)



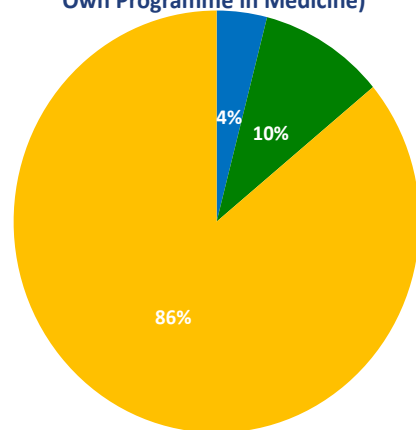
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Did Not Attend

Basic Suturing Skills



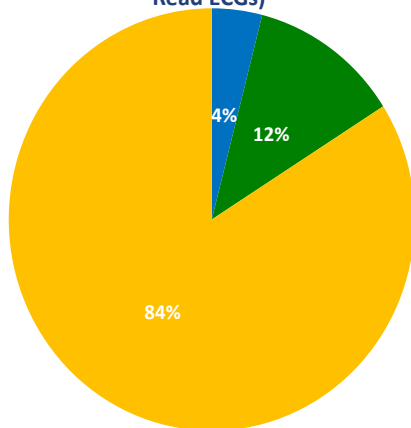
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Did Not Attend

Dr AI (Machine Learning and Creating Your Own Programme in Medicine)



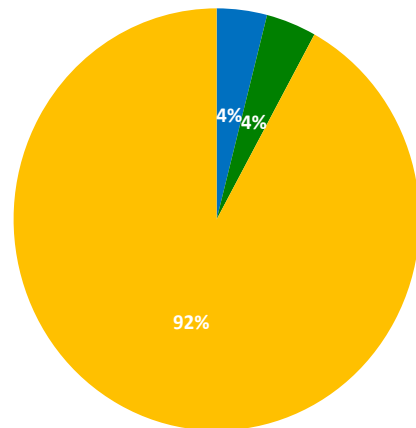
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Epicardio (Learning How To Understand And Read ECGs)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Did Not Attend

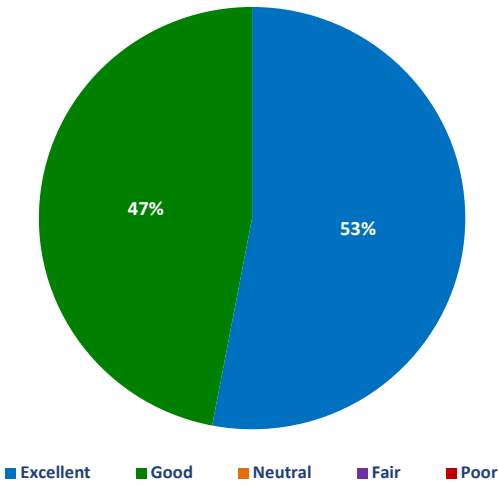
SBAs for First-Year Medical Students



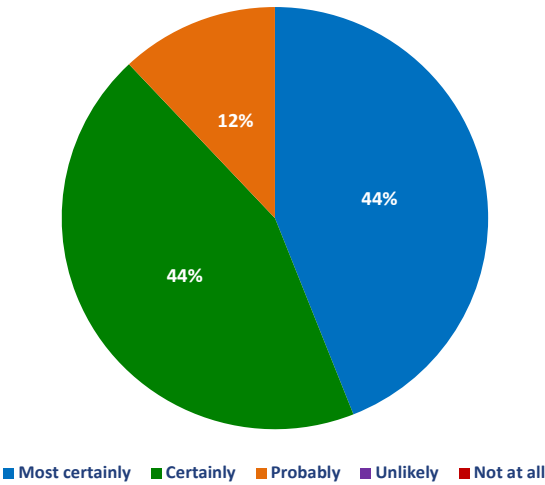
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Did Not Attend

# Overall Feedback

How were the facilities and venue?



Would you recommend this conference to a friend?



## Individual Comments

Very impressed with content of presentation, very relevant and helpful.

**RG**  
***Cardiff University, Cardiff, UK***

Well organised with informative and engaging presentations and interactive workshops!

**SP**  
***Cardiff University, Cardiff, UK***

It was a fantastic event, I learned a lot.

**NT**  
***Swansea University, Swansea, UK***

Very organised , good speakers.

**BP**  
***Cardiff University, Cardiff, UK***

Overall, I thoroughly enjoyed the conference. The topics were diverse and engaging, and the workshops were hands-on and enjoyable. I was interested in surgery prior to this conference, but there are areas of surgery I had not considered before that I am now considering.

**JJ**  
***Swansea University, Swansea, UK***

All the teaching and volunteers were very kind and helpful, I have begun to learn some useful skills that I did not have at the start of the conference.

**AK**  
***Shrewsbury & Telford Hospital NHS Trust, UK***

Very good workshops and presentations.

**ET**  
***Cardiff University, Cardiff, UK***

Incredibly relevant - I'm especially grateful for the Y1 SBA's - Thank you they were very helpful and linked to the learning outcomes of our course.

**AB**  
***Swansea University, Swansea, UK***

The conference has given me an insight into a surgical career. As a first year I was able to learn so much more about surgery and learn lots of new information.

**RN**  
***Cardiff University, Cardiff, UK***



# DOCTORS ACADEMY

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Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

## World Journal of Medical Education & Research



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- No manuscript processing fee
- No publishing fee
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[wjmer.co.uk](http://wjmer.co.uk)

## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

[www.doctorexams.co.uk](http://www.doctorexams.co.uk)

# [www.doctorsacademy.org](http://www.doctorsacademy.org)