



Welsh National Surgical Conference 2026

14th February 2026 (0900-1600 hours)

University Hospital of Wales, Cardiff

Programme

0830-0850	Registration
0850-0900	Introduction
0900-0930	"So, You Want to Be A Surgeon?" (Mr Bragg)
0930-1000	Psychosocial Consequences of Emergency Laparotomy (Professor Cornish)
1000-1030	Portfolio Building (Mr Cole)

1030-1045

Refreshment Break

1045-1115	"Things I Would Tell My Younger Self" (Mr Durst)
1115-1145	The David Nott Foundation (Dr Gough and Professor Jeffrey)

1145-1245

Lunch

1245-1250	Allocation to Workshops
1250-1350	Workshop 1
1350-1450	Workshop 2
1450-1550	Workshop 3
1550-1600	RMBF Brief and Prizes