



# Welsh National Surgical Conference 2026

**14<sup>th</sup> February 2026 (0900-1600 hours)**  
University Hospital of Wales, Cardiff

## Programme

0830-0850	Registration
0850-0900	Introduction
0900-0930	"So, You Want to Be A Surgeon?" (Mr Bragg)
0930-1000	Psychosocial Consequences of Emergency Laparotomy (Professor Cornish)
1000-1030	Portfolio Building (Mr Cole)

### 1030-1045 Refreshment Break

1045-1115	"Things I Would Tell My Younger Self" (Mr Durst)
1115-1145	The David Nott Foundation (Dr Gough and Professor Jeffrey)

### 1145-1245 Lunch

1245-1250	Allocation to Workshops
1250-1350	Workshop 1
1350-1450	Workshop 2
1450-1550	Workshop 3
1550-1600	RMBF Brief and Prizes